

Mid Devon Cycle Club

Children and Young People on Club Rides and other cycling activities which are not specific Young Peoples Cycling Events

Guidance for :

Parents

People nominated ('In loco parentis') as responsible adults

MDCC Route Masters

Children and young people (C&YP) are included in as many club activities as possible and this will include riding with adults on club rides. MDCC maintains both a moral and a legal duty of care for children and young people participating in its activities. It will strive to ensure its activities include measures to meet those responsibilities which are reasonable in the circumstances.

No Child or Young Person under the age of 18 years will be permitted to participate on a club ride or other non-specific activity (not organised specifically for C&YP) unless accompanied by a parent or with a Parental Consent Form signed by, and nominating a responsible adult. (Acting in Loco Parentis, see relevant form.)

This Form must be seen by the route master and should be retained by the nominated adult or child or young person for use in any emergency e.g. hospital admission.

The following advice is offered for the assistance of parents wishing their children to participate:

1. If your child or young person has sustained a recent head injury, you should seek medical advice before allowing your child or young person to participate in any organised Club activity.
2. Your child's bike must be in good order and he/she should have a spare inner tube and tyre changing tools.
3. He/she will need to be appropriately dressed for the likelihood of wet weather and all children and young people will wear a helmet to minimum standard EN1078. This is a requirement for young people on MDCC rides.
4. Please liaise with the Route Master when you drop him/her off to:
 - Show the Route Master a completed Parental Consent Form
 - Establish the likely destination and leave a contact telephone number with your child should it be necessary for him/her to be recovered. You must remain available on this number throughout the duration of the ride.
4. If this is his/her first time out with us, we ask that you meet with the group at the nominated refreshment Cafe, giving your child the opportunity to be taken home at the half way point if it seems appropriate.
5. Your child should have a mobile phone with him/her to facilitate any communication with you if necessary.
6. One completed parental consent form can be used throughout the year, where the responsible person is named and is on the ride.

Please note: If there is an incident e.g. puncture, accident, or your child cannot continue for any reason during the ride, MDCC will not stop the remainder of the group from continuing their ride. It will be expected for the nominated responsible adult to remain with your child until he/she is recovered by you.

Road Cycling is an activity involving risk. The risks involve actions by other road users on a wide variety of roads and traffic/weather conditions and may not be predictable. Whilst every reasonable effort is made to ensure, by following our own and 'British Cycling' practice and procedure we minimise risks to the health and safety of participants, we cannot offer any guarantee or indemnity.

Photography

Parents and nominated responsible adults should please note that group photographs are sometimes taken by group participants or Route Masters during the course of a ride, for example at a scenic view point along the way, or at the coffee stop, to illustrate to others the enjoyment of the ride. Photographs are sometimes published on the MDCC Facebook page. If the parent or nominated responsible adult objects to this they should:

- 1) Make their objection clear on the MDCC Parental Consent Form
- 2) Notify the Route Master or photographer immediately and follow up this discussion in writing.