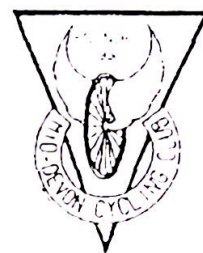




# Mid Devon Cycling Club

# NEWSLETTER



**Autumn 2000**

Welcome to the Autumn Newsletter 2000. A bit of a time lapse since the last one, - I'm not quite sure what happened to this year, clearly the time properties for this millennium are different from those of the last.

The sad news to report is the death of Charlie (E.C.) Crosscombe, our reliable timekeeper for many years, whose cheerful face I can remember when I first joined the club back in the 70's.

Several members attended his funeral in Torquay a few weeks ago, Charlie had survived all of his family aged 91, and the minister at the service was David Morrell, father of Tony Morell, who was a prolific rider in the 70's and 80's.

Charlie who had been Club Chairman and then President was ever Present at our events with watch in hand for many years. He always had a cheery word to every starter. Even when he could not drive there he arrived care of Phil Burrows.



Charlie Crosscombe.

There is also sad new of the death of Gordon Mellar aged 63. Gordon was a club member for many years and although he didn't engage in active racing, he was a regular on local Audax events. Gordon was a director at Centrax (Gas Turbines Division), and I will always remember him as a perfect gentleman on a bike.

He thought a great deal of the MDCC, and his entrusted his collection of bicycles and parts to the club, to be sold, with the proceeds going to buy a memorial trophy for the club. (See inside)

- Better News inside, with Deanna Shepherd record smashing again, Ken Robertson doing a fantastic 12 hour, and something about Ian Deakin being a world champion?

*Graham Brodie.*

## **MDCC Annual Dinner:**

**19<sup>th</sup> November 2000.**

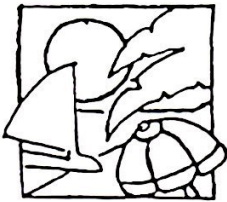
**Buckfast Abbey.**

**£10 for 3 courses.**

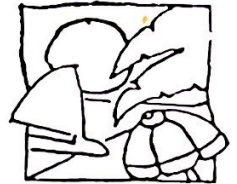
Contact: Ken Dean, 123  
Ilsham Road. Wellswood, Torquay.  
TQ1 2HT.



Please send any articles for the Newsletter  
or information for the Website to:  
Graham Brodie, 81, Twickenham Road,  
Newton Abbot. DEVON. TQ12 4JG  
e-mail: [brodie@bikerider.com](mailto:brodie@bikerider.com)



**MARCH 16<sup>TH</sup>-30<sup>TH</sup> 2001**



*MAJORCA 2001 promises yet again to be a great cycling experience. With over 25 years involvement of Majorcan Cycling camps, Colin offers the cream of cycling knowledge. Whether racing, touring or just the sheer pleasure of riding a bicycle, we cater for all aspects of this wonderful sport and recreation.*

*The group is limited to 50 places and due to clients wishing to re-book, there are only a limited number of vacancies.*

*The 3 star Hotel Uyal is situated on the outskirts of the resort of Puerto Pollensa, in the north east of the island. Adjacent to the sea front, this stylish hotel offers every comfort, including buffet style breakfast and evening meal – great for big appetites!*

*Your day commences with stretching exercises (voluntary), breakfast and briefing on the days rides. There is transport available as back-up on the longer/mountainous rides and to offer sightseeing trips to non-riders. Back in time for afternoon tea after which we gather cycling related talks.*

*Participation will ensure a positive ongoing training programme, essential for the season ahead. In fact, everything to ensure you come away from this cycling experience mentally and physically better equipped to enjoy this wonderful sport.*

PRICES from £299.00 for 1 week, £399.00 for 2 weeks.

For Further details contact Colin on 01803-553095 (9am-5.30pm)

Evenings 01803-403526.

Or call in to Colin Lewis Cycles, 5-7, Manor Corner, Preston, Paignton.

Extract from a letter to Ken Dean from Tom Ashton 3/9/00

Quick story with Club interest: I was riding home from Croydon a few weeks back when a young fellow caught me ( I'm afraid everyone catches me these days) we started to chat and agreed that we were both enjoying our cycling whilst not actually riding with a club on a regular basis  
I was amazed when my companion said he hadn't got around to joining a local club as yet, and that his club was Mid Devon C C. Well Ron Jervis sends all his friends his best wishes and says to tell you all that he hopes to get back into serious cycling for the 2001 season. It's a small world isn't it?

So here's looking forward to seeing you at Buckfast My regards to all.

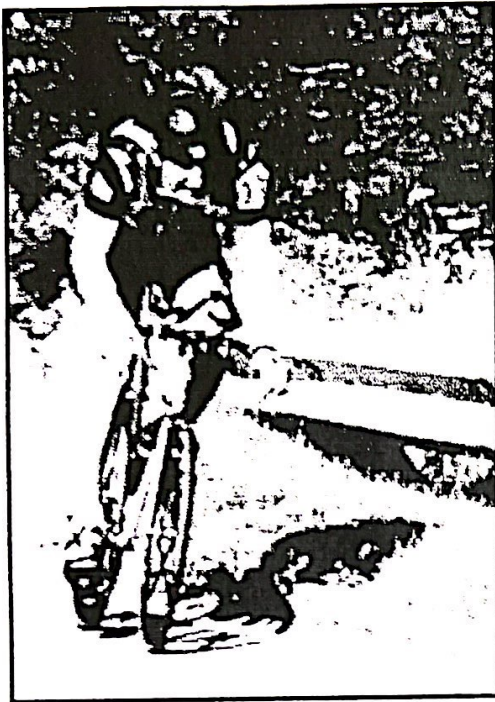
*Tom*

Tom Ashton

**Website: <http://www.middevon-cc.co.uk>**



# PEOPLE PAGE!

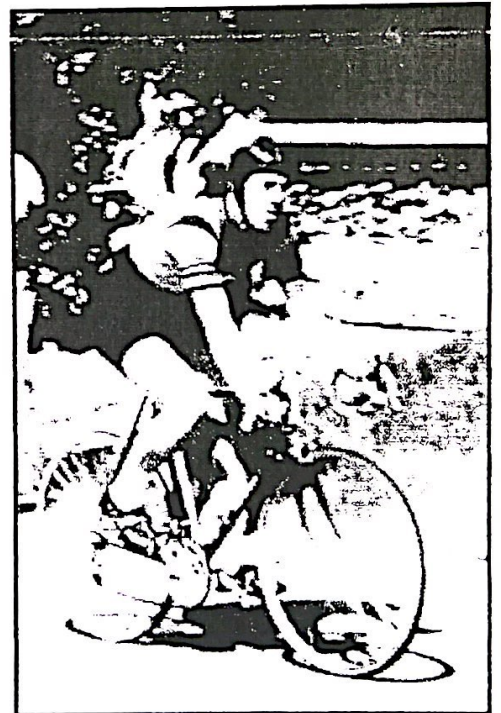


## Mark Pollard.

Bit of a legend this bloke. His disappears for a year or so, and then makes a comeback, usually better then the year before. The only time when I ever got reasonably fit was when I used to train with mark as a teenager. Having my legs ripped off trying to keep up with him every night really pulled my fitness up, and expect others have found the only way to improve is to ride with someone better than you. Mark has done very little this year due to a change of job, but we await his next comeback which I'm sure will as impressive as the last.

## John Pritchard.

Another name associated with the club for many years, John lives in Kingsteignton, and is often seen out training with Pete Clarke. Here's a picture I took some years back but I can't remember where it was, - obviously the finish of an event somewhere. John has now fully recovered from a bad accident he had about 3 years ago, when he slid off on the sharp bend near Aller on the back road to Kingskerswell.



## Max is OK after car crash.

Max Vautier and his wife were lucky to escape serious injury after a car crash in Newton Abbot recently. We were driving past the scene and recognised Max's car. The other vehicle had lost control and ended up piled into a bank in St. Marychurch Road. Hopefully they are fully recovered from the incident. GB

**Barry's back.** Welcome back to Barry Day. Regular Time Trialists will have seen Barry out this Summer as our regular time keeper. He left the club a couple of years back, but we're more than pleased to see the return of Barry and his time keeping skills.

All the items listed below can be viewed at 81, Twickenham Road. The guide price is what I think the stuff is worth although feel free to make an offer. There are also a couple of cycle helmets, and various odd items of clothing, size 4 leggings and shorts plus Acrylic tops, and some racing Jerseys, - Size 4, Midas. Kas, etc. Ring Graham Brodie on 01626-367977 for details

Item:	Details:	Qty.	Condition	Guide Price:
Dawes Renown 531 Bicycle	See full spec. below			£145
Shimano 600EX brakes	c/w levers and cables.	2	BNB	£20
Shimano 600 Freewheels	13-15-18-21-24-28	5	BNB	£10
Shimano 600 Freewheel	13-15-17-20-27-26	1	BNB	£12
Shimano 600 Brake levers	Standard levers - brown hoods.	3	BNB	£12
Shimano 600 Gear levers	Index/Friction type	1	BNB	£10
Suntour "Perfect" block	Suntour 6 speed 14-28 freewheel	1	Used?	£5
Weinman 605 Brake set	c/w levers and cables. Side pull	1	BNB	£20
Weinman 605 Brake levers	Slotted cutouts	3	BNB	£10
Raleigh - cassette gogs	Black splined cog set 13-26	1	Unused	£3
Michelin Hi-Lite Tyres	Folding 700x23c	2	BNB	£5
Michelin Inner Tubes	18-23c Quality inner tubes	3	BNB	£2
SR Sakae Pedals	Standard alloy pedal PD100	1	BNB	£8
SR Sakae Pedals	Black faced type (similar to PD100)	1	BNB	£8
Shimano 105 Gear Levers	Index/Friction type.	1	BNB	£5
Shimano 600 Front Mech.	Standard front mech - silver/chrome.	1	BNB	£12
Been Bag Road Jersey.	Long sleeve, Acrylic, 3 pockets. used	1	Used	£3
Cycling Shoes	Agusport racing shoes - as new.	1	Used	£10
Cycling Shoes	Duegi leather - excellent condition	1	Used	£5
Cycling Shoes	Madison - Cycling/Running shoes.	1	Used	£5
Cycling Shoes	Patrick, leather shoe.	1	Used	£3
Black Woollen Gloves.		2	Used	£2
String/leather mitts.	Various, white leather palms.	5	Used	£1
Bianchi - Model Bike Kit.	Classic Bianchi bike 1/32 kit.	1	BNB	£3
Solvat Autosol	Tube Aluminium polish	1	BNB	£1
Saddle	Turbo - Black finish,	1	Used	£5
Saddle	Condor Italia (Dawes Logo)	1	Used	£5
Lycra Leggings	Size 4 - black	2	Used	£2
Touring shorts	Navy, Cotton/Polyester Size 36	1	Used	£2
"String" style racing hats	One Black, One red/yell/black.	2	VGC	£2
Lycra Shorts.	Size 4 - black	2	Used	£3
Zefal - mini pump.	Small white with valve on hose	1		£1
Battery Lamps	Front & rear, wonder lights & E. Ready	4		£1
Various Tops & Bottoms	Acrylic Tops/Lycra bottoms		From	£1
Lightweight Nylon tops	Various. Red, White, Yellow. VGC	3	Used	£2
Cycle Capes	New Capes. One Yellow, one Orange	2	New	£5
<b>BIKE:</b>				
Dawes Renown.	23.5" Frame, Powder Blue.		Excellent	
	Campag/MA2 Wheels. Weinmann 600		Condition	
	Brakes. Cinelli bars etc.			

**Website: <http://www.middevon-cc.co.uk>**



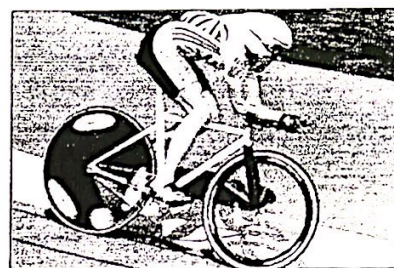
## Cycling Success Stories.

The performance of Britains cyclists at the 2000 olympics was brilliant. Jason Queally really set the scene for the rest with his early gold medal on the track, and Yvonne MacGregors performance in the 3000m pursuit was a cliff hanger as she trailed for 12 laps and then pulled away in the last 100vds to win beat Kiwi Sarah Ulmer by 0.08 second - perhaps she thought she was riding the "devil take the hindmost!"

Closer to home our own club boys and girls are still doing very well.

Star lady Deanna Shepherd still continues to smash club records for a hobby!

She now holds: 25 miles TT New Record at 58:05  
and then again at 57:42  
50 miles TT New Record at 1:59:12  
100 miles TT News Record at 4:20:20



Yvonne MacGregor.

At the other end of the age and beauty spectrum Ken Roberston patently refuses to settle down and start pottering, he just turned in his best 12 hour ride for years. 242 miles at sixty something is not a bad effort, and Ken doesn't appear to be slowing down as he gets older. Well done to Ken and to Richard Shepherd his busy helper. There was a big piece in the Herald Express about this with two differing versions of the ride. There was Ken's "leisurely 240 miles around the block" account of the ride, and Richards "he was blue around the gills" version. Either way it was a worthy effort.

Ian Deakin is a World Champion. His is a Gold Medallist in the competition for Time Trialling run within the medical profession. Congratulations to him. He has been riding very well for a couple of seasons now, and producing a consistently high performance on and off road.

Not quite so much success for Ron Keegan this Summer. Ron had an ambition and set off to do the E'tape Du Tour. After a lengthy climb to top of the Col, Ron was in Silver medal position for his class. But on the other side of the mountain there was a storm with hail, and a lot of riders were crashing on the descent, so hundreds of riders including Ron were turned back at the top and denied the chance to finish. Confusion surrounds quite what is going to happen, but I have several colleagues in AUK who have similar stories. Let's hope something gets sorted out and they get some recognition for all their efforts.

**MDCC Annual Dinner:  
19<sup>th</sup> November 2000.**

**Buckfast Abbey.**

**£10 for 3 courses.**

Contact: Ken Dean,  
123, Ilsham Road. Wellswood,  
Torquay. TQ1 2HT

**Next M.D.C.C. Committee meeting**  
Will be on 6<sup>th</sup> November at the Channel  
View Hotel, Marine Parade. PAIGNTON.  
🚲 🚲 19.30hrs 🚲 🚲

**NEW TYRES FOR SALE:**  
Hutchinson "Profile" 700 x 25c.  
Blue Kevlar. £11 each or 2 for £20  
🚲 Graham: 01626-367977 🚲

**Website: <http://www.middevon-cc.co.uk>**

STOP PRESS -  
70 out of 80 AVAILABLE SEATS





## Audax News:



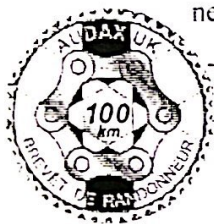
A few club members have been busy on the Audax front. Although Andy LanderStow has left the club he has continued with some prolific Audax rides and completed the Crackpot 1000Km again, and also gained a very rare Wessex SR2000 (That's for 200,300,400,500 and 600Km events in 2000)

Yours truly finally managed to gain his SR2000 after a very late start in the year. I had to leave it until Mid September to do the 500Km, but luckily it was a warm clear night, and the batteries lasted longer than the legs.

Joe Burrows and Peter Head were first back on the Torplex 200Km ride. I managed to ride this myself this year under the new Audax Regs. which allow an organiser to ride his own event up to 8 days before or after the calendar date of the ride.

Support for the MDCC Audaxes, namely Dartmoor detour, and the South Hams Audaxes (2C's to C) has been quite poor. It looks as if the South Hams rides may come under the wing of the Devon CTC next year. The rides were initially suggested as another way of raising some funds for the club, but this doesn't seem to have happened.

The good news is that you should receive this in time to enter the Dartmoor Devil, and amazingly popular event. Last year we were having to turn back late entries, and there were 170 who started the event, so get this form off now if you want a ride. You will need mudguards and light to be validated.



### The Dartmoor Devil 110km Audax Entry Form

Sunday 29 October 2000

Entry Fee: £3.50 (+50p for non AUK, CTC or BCF members)

Please enclose 2 sturdy A5 stamped addressed envelopes with your entry

TO - KEVIN PRESSMAN  
HIND STREET HOUSE  
HIND STREET  
BOVEY TRACEY  
TQ13 9HT

From BOVEY TRACEY AUK Memb. N° \_\_\_\_\_ Please enter accurately and in full e.g. R0452b (and Minors see below) Date of birth \_\_\_\_\_

Surname \_\_\_\_\_ Forenames \_\_\_\_\_

Address \_\_\_\_\_

P'code \_\_\_\_\_ Tel \_\_\_\_\_

Club (if any) \_\_\_\_\_ CTC DA (if any) \_\_\_\_\_

**ENTRY:** Entrants should note that this event is held on the public highway and, whilst the aim is to use quiet roads, it is impossible to avoid trafficked A & B roads. Routes may cover high and exposed ground and be a severe test of stamina and cycle control. Entrants should be aware of the usual hazards such as junctions and other traffic, and occasional hazards such as road-works and poor road surfaces. Entrants should ride safely, according to the rules of the road and within their own capabilities. Entrants should familiarise themselves with the route and ensure that they are fit and competent to undertake this event. Entrants agree to abide fully with the AUK Regulations of the event, in particular, responsibility for the roadworthiness of the machine is that of the entrant.

Entrants must consider themselves as being on a private excursion and rely on their own arrangements in the event of failure to complete the course. **I, the undersigned, have read and understood the above.**

I have given details of my AUK Membership, or my individual CTC/BCF Membership number is: \_\_\_\_\_, otherwise I have applied below for temporary AUK Membership. Signed \_\_\_\_\_ Date \_\_\_\_\_

**PARENTAL CONSENT:** This is required for entrants under 18 years of age. Parents should read and take note of the information given in the above entry form. They should also be aware that unlike normal CTC runs there are no leaders as such. **I have read and understood the entry information and these consent details.**

Signed (Parent/Guardian) \_\_\_\_\_ Date \_\_\_\_\_

One of the essential requirements of events registered by AUK is that **all riders must have Public Liability cover:-**

AUK members have cover for all events under AUK regulations via the AUK policy. CTC members have cover for all events under AUK regulations via the CTC policy. **ALL OTHER RIDERS MUST FILL IN THE APPLICATION BELOW.**

I wish to apply for temporary membership of Audax United Kingdom for the event above. I understand that this entitles me to cover under the AUK Public Liability Policy for the period of the ride. I enclose a temporary membership fee of £0.50

Name (Please print clearly) \_\_\_\_\_ Signed \_\_\_\_\_ Date \_\_\_\_\_



## 2001 PROMOTIONS

The date fixing meetings have been held and the club will be promoting the following open events in 2001. Your help will be appreciated greatly by the various event secretaries

Sat 17 <sup>th</sup> Feb	No 1 Springtime Pursuit	14.30 Liverton	Ken Robertson
Sat 24 <sup>th</sup> Feb	No 2 Springtime Pursuit	14.30 Starcross	Ken Robertson
Sat 3 March	No 3 Springtime Pursuit	14.30 Liverton	Ken Robertson
Fri 13 <sup>th</sup> April	Teign Valley Hill TT	11.00 Bovey Tracey	Simon Aske
Sat 5 <sup>th</sup> May	Totnes-Vire Stage 1 & 2	13.00 Liverton	Ken Robertson
Sun 6 <sup>th</sup> May	Totnes-Vire Stage 3	10.00 South Brent	Ken Robertson
Sat 12 <sup>th</sup> May	National TT Series Event 2	14.00 Bovey Tracey	Ken Dean
Thu 24 <sup>th</sup> May	Open 10 Mile Evening TT	19.00 Dean Prior S4	Steve Lawrence
Sun 10 <sup>th</sup> June	Open 50 Mile TT	07.00 Bovey Tracey	Phil Burrows
Thu 28 <sup>th</sup> June	Open 25 Mile Evening TT	19.00 Dean Prior S4	Richard Shepherd
Sun 8 <sup>th</sup> July	Open 100 Mile TT (SW Champ)	06.00 Chudleigh	Ken Robertson
Thu 3 <sup>rd</sup> Aug	Bovey Carnival Road Race	19.00 Bovey Tracey	Colin Lewis
Fri 17 <sup>th</sup> Aug	Paignton Regatta Circuit Race	19.00 Paignton	Ken Robertson
Sun 19 <sup>th</sup> Aug	WAJ Best Memorial 25 TT	07.00 Dean Prior	Max Vautier
Sun 9 <sup>th</sup> Sept	Triple Trophy 22 TT	08.00 Dean Prior	Dave Richards
Sun 23 <sup>rd</sup> Sept	Open 10 Mile Sunday TT	08.00 Dean Prior	Adam Fitzpatrick

Those of you familiar with the club's recent annual promotions will note that there is no Lemon Valley Evening Pursuits in the 2001 Calendar. This is because Martin Burrows could not find a club member within the 100 or so members we have who was prepared to be the event secretary

## SUPPORT FOR EVENING EVENTS

This year's series of evening club events did not attract the size of field that we have had in past seasons. There may be many reasons for this and all are probably personal to each member. However the club can not expect Phil Burrows and Barry Day to turn up each Tuesday for just a handful of riders. Barry, in particular, has a drive of over 50 miles to carry out his duties.

**The message is "Use It or Lose It".**

For 2001 it has been decided to reduce the number of events and to run a coaching evening on one Tuesday of a month. On the other Tuesdays there will be one circuit TT and the balance will be 10 mile events on the S4R/10 from Chudleigh Bridge.

## COACHES GETTING QUALIFIED

Simon Mayo, Richard Shepherd and Martin Burrows have just started a course that on completion will make them qualified coaches to the new BCF Level 2 status. At the same time Colin Lewis is undertaking an upgrade from ABCC coach to BCF Level 2 Coach. This will give the MDCC one of the best ratios of coach to membership. Once again "Use Them or Lose Them". They will be out there to help you.

Simon also went on a course and he is now a qualified "Get Set" manager. He hopes to run courses in local schools for the long-term benefit of cycling in general and the club in particular.

## NATIONAL TIME TRIAL SERIES TIME TRIAL

As you will have read in the promotion summary the club has been entrusted with the running of the second event in the National Time Trial Series – last year sponsored by Rudy Project. The request to run this event came from the active racing members who wanted to see how they measured up against the country's best around the Teign Valley Circuit. The National Committee has granted their wish. We have to now justify this decision.

Ken Dean is the Event Secretary and the planning has begun. We are working with John Julian, Sports Development Officer of Teignbridge Council to ensure that we get the co-operation of the various statutory bodies. A list of the duties has been drawn up and as the named persons are seen they will be asked to commit themselves to the tasks.

The races will be over 30 miles for all males over 18 and over 24 miles for males under 18 and all ladies. To achieve this we are proposing variants of the standard course – more details later.

## TOTNES-VIRE TWINNING RACES

At the end of their holiday in Aveyron Ken and Ann Robertson stopped off in Vire and had a heart to heart conversation with Claude Costard, President of the VCB and Alain Colombier, President Elect of the VCB. There was no concealing their disappointment with our club's performance this year – see the words from John Peters – below.

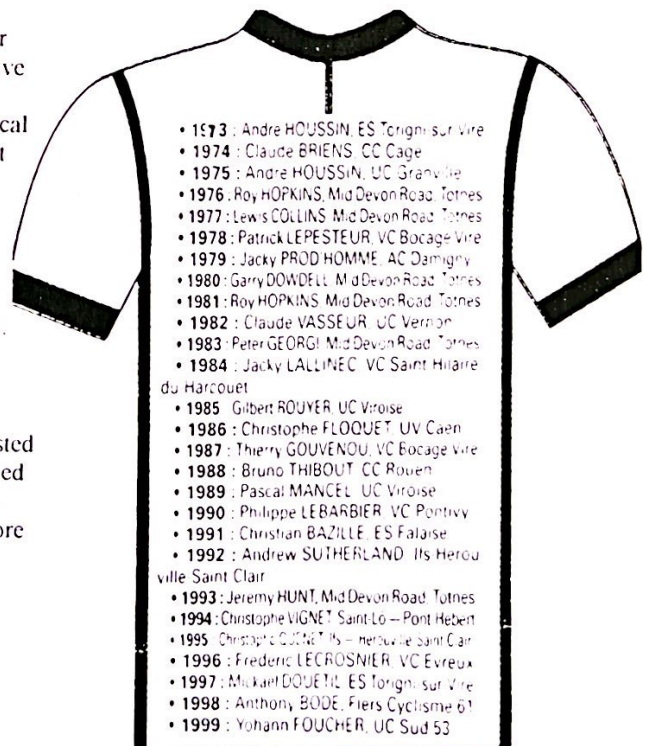
On the positive side we arranged a data for them to come in 2001 to suit their travel needs and most importantly we have established an e-mail link between Vire and ourselves. Any messages will be passed via the Secretary of the Vire Twinning Office manned by Cathering Elard. She speaks and writes good English and is willing to chase the VCB up for replies to our questions.

## **Could you ride the 29<sup>th</sup> Prix Cycliste des Jumelages?**

We need five riders to represent Mid-Devon CC in Vire during the first or second weekend in September 2001. Historically the club has an impressive record in this race with Roy Hopkins, Colin Lewis, Gary Dowdell, Peter Georgi and Jeremy Hunt as past winners – (see the table taken from the local Vire paper). This year our performance was slightly embarrassing, so next year we want to ensure that we are better prepared.

Those riders interested in participating need to ensure they have holiday booked for the required days, travelling by ferry, from Portsmouth on Thursday and returning on Monday. There will be some specific training and racing to help you prepare. This will include a two-day race in August. The level of racing is high so you should be capable of achieving a good placing in a 3<sup>rd</sup> cat race before considering yourself ready.

The format changes slightly each year, but as a guide this year's race consisted of three stages: 80 miles on Saturday with 40 miles Sunday morning followed by a 50-mile afternoon stage. If you want to sample French hospitality and experience continental road racing then leave a space in your diary. For more details contact John Peters: [petersjohn@hotmail.com](mailto:petersjohn@hotmail.com) 07811 515 128.



## AUTUMN CLUB RUN DESTINATIONS

Leave Penn Inn 09.00

22/10 Kingsbridge	3/12 Crediton
29/10 Crediton	10/12 Clist St Mary
5/11 Chagford	17/12 Kingsbridge
12/11 Clist St Mary	24/12 Dartmouth
19/11 Club Lunch	26/12 Boxing Day 10
26/11 Buckland	31/12 Buckfast



## **IT'S TURBO TIME !**

THE CLUB HAS ARRANGED TO USE THE SCOUT HUT,

AT THE REAR OF ST. PAUL'S CHURCH, PRESTON  
(on the left and just before Latham's Garage)

FOR TURBO AND COMPETITION ROLLER RIDING

ALSO GENERAL COACHING ADVICE GIVEN

18.30 HOURS TO 20.30 HOURS

COST 50p PER PERSON

(Please bring your turbo, bike, towel and clothing change)

FURTHER DETAILS FROM COLIN LEWIS 01803 553095  
OR STEVE WILLIS 01803 526269

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## **CLUB AFFILIATIONS**

IT IS TIME TO START SENDING IN YOUR CLUB SUBSCRIPTION  
FOR 2001

SEND THEM TO "IAN DEAKIN, 16, WESTERN ROAD,  
St MARYCHURCH, TORQUAY, TQ1 4RL"

IT IS £10.00 FOR SENIORS AND £5.00 FOR ALL OTHERS  
FAMILY FEE IS £25.00  
(Cheques payable to "Mid-Devon C.C.")

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## **APOLOGIES**

Apologies to all members for the lateness of this edition of the Newsletter.  
Unfortunately once it had been compiled the photocopier went on the blink.  
Because of this the page on the Dartmoor Devil Audax Ride is out of date.  
Never mind, keep the information for next year and use it to enter the 2002 event.