## MDCC - Introductory, Step Up, Core, Moderate & Fast Moderate Rides - April - July 2022 Intro 25/30 miles, Step Up 35 miles, Core, Moderate & Fast Moderate Group Rides (40ish miles with 2500 - 3500' climb) Core, Moderate & Fast Moderate Rides Intro & Step Up Rides Date Destination Routemaster Destination Routemaster **3rd April** Glastonbury Ride Back to Cranbrook Station, 71/2900 Various XXX XXX Intro - Bovey Basin 10th April Reliability Rides, 50, 80 & 100km Various Paul Martin **River Shack, Stoke Gabriel** Gary Dove 17th April XXX XXX Paul Martin Exe Valley Farm Shop, Thorverton Step Up -Sarah Hall 24th April **Blackpool Sands** Jill O'Neill XXX 1st May XXX 8th May Widecombe **Rose Parkhouse** Liz Butler Intro -East Devon ride to Otterton Mill, start Cranbrook **Colin Butler** XXX 15th May XXX Whiddon Down Jim Black Step Up - Powderham Andrew Gunnatileke 22nd May 29th May Club Classic - Medio & Piccolo Various Club Classic - Piccolo Various 5th June TBD Jess Stevens XXX XXX 12th June Crediton **Bob Flint** Intro -Linda Simpson 19th June Dartmoor Classic Volunteering Dartmoor Classic Volunteering XXX 26th June 'The Nello' 55 & 100 milers for Force Cancer Charity Step Up - East Devon ride Dave & Debra Thurs 30th Mid Summer Fish 'n Chip Ride to Babbacombe Various Same for everyone, not a long ride Various Downs, start 1745/1800h from Abbrook June Colin Butler 3rd July East Devon ride to Culmstock, start Feniton Intro -Linda Simpson XXX XXX 10th July Dartmouth Dave Long Step Up - East Devon ride 17th July **Berry Head** Dee Allbrook Dave & Debra XXX XXX 24th July TBD Rob Shaw 31st July TBD John Sharpe Step Up - Staverton Mark Whalley