



“The Hub”

The Newsletter of Mid Devon Cycling Club



March 2021

Special Membership Edition

Are you in need of:

- Motivation to get out and ride more often
- No more lonely solo rides
- Push yourself harder and get fitter/faster for the summer
- Discover new places and great routes
- Make friends! Be part of our cycling community
- Cafe stops are awesome

By the time we reach 29th March we will have had just over a year of total disruption to our normal club activity. Like nearly all clubs and societies we have not been able to provide our usual offering to members. Our finances have been impacted in that we have made a loss of nearly £2000 over the last year but £1000 of that went to our support of the NHS hospitals and surgeries along with local Care Homes. On top of that over 200 members enjoyed the subsidised Anniversary and Tribute jersey, another £1000+.

If all progresses smoothly we can soon look forward to a return of many and more of the things that we as club members are able to enjoy. In addition to what is set out below we have been contacting local bike shops to see whether they will engage with our membership by offering a 10% discount, more details on that soon.

With the strange period that we have been through the committee have decided that **the normal end of March renewal deadline will be extended until 30th April**. After that date all expired members will be removed from the various club Facebook groups. **However, if you wish to take part in events then your membership will need to up to date for your application to be accepted even before 30th April.**

Member Discounts:

Just Events - 10% discount, on all events, see justevents.org , a special discount code will be sent to members in advance of each event.

Saturday 1st May - Taunton Flyer Sportive according to current Government guidelines

Saturday 22nd May - Haldon Heroic Gravel Sportive, Haldon Forest according to current Government guidelines

Saturday 9th October - Lands End Sportive, Marazion, Cornwall 100 (provisional)

Sportiva Events - 10% discount, see sportivaevents.co.uk for a full list of events.

Club Events:

Wednesday 14th April - 10 mile Time Trial, 1830h on the Teign Valley course. Hoping for bi-weekly thereafter until 25th August starting at 1900h from 28th April.

Sunday 18th April - Club Member ‘Reliability Ride’ - Starting from Abbrook from 0900h, 50 km (30 miles), 80 km (50 miles) and 100 km (62 miles) routes will be offered. For now this could be ridden solo or any groups up to 15 in number. However, with social gathering numbers limited to 6 for when we arrive at an outdoor cafe stop, the club

will be reviewing it's rules at the next meeting on 22nd March. No entry fee, just sign in at the clubhouse before you start and sign back in when you finish. Further detail will follow.

April/May Bank Holiday trips to Vire and Brittany are cancelled BUT we will start taking bookings for the 29th April - 1st May 2022 trips when we have full details. The accommodation is provisionally booked but ferry prices might not be known for some time.

Sunday 11th July, Camelford Ride Back - by then we hope that coach travel will be possible and most adults will have received 1 vaccination. If all is ok we will be taking as many members as possible to Camelford Sports Centre to ride back to Abbrook. Your bikes will be transported to the start by vans and there will be no cost for the day out, you just need to pay for your food and drink and the morning coffee and lunch stops. Because of the lack of recent activity we will endeavour to maximise the number of places we have available.

Tour of Britain Grand Depart Weekend - Friday 3rd September - Sunday 5th or Monday 6th - we have 30 places already booked at the YHA in Penzance and there are 26 people who've already paid their deposit so we have 4 spare places and will see if we can expand this. Make your own way to Penzance and maybe meet up for an evening meal. Saturday group rides maybe around the Lands End 100 routes area. Sunday morning watch the start of the ToB and then 2 options, some are staying on for a third night moving to the YHA at the Eden Project while others are making their way back.

Tour of Britain Day 2, Monday 6th September - Plymouth (Sherford) to Exeter - as with the last time the ToB was in the west country we will be organising rides and a cafe stop to watch at a suitable place.

Annual Dinner & Dance - Friday 10th December, Langstone Cliff Hotel, Dawlish Warren - we have a provisional booking for an event but need to wait for the hotel to be able to clarify their offer which cannot happen until at least late May.

Race Events: All dates subject to confirmation

Saturday 17th April - Circuit races at the Velopark
Saturday 29th May - Colin Lewis Grand Prix Velopark
Sunday 4th July – Totnes Vire Road Race new one day format
Saturday 24th July - Circuit races at the Velopark
Sunday 15th August - Primavera Road Race, Hatherleigh

N.B. 5 Evening Circuit Races and Youth Events, dates yet to be confirmed.

Chain gangs - Regular Tuesday evening chain gangs on the Teign Valley or the Velopark.

Cyclo Cross training from Sept to January - Normally on Tuesday evenings and picks up as the chain gangs end. Join 20 or more MDCC club members who regularly compete during the winter season. Cyclocross is suitable for all ages & abilities.

Mountain Bike Rides & Events - Regular mountain bike rides throughout the summer season. Just join the MDCC MTB & CX group on Facebook to find out more.

Dartmoor Classic - Hopefully Sunday 20th June according to current Government guidelines, if not will be postponed to an early October date

Young Riders:

- Young members have a great opportunity to try different disciplines with many taster sessions through the year from riding the indoor track at Newport to cyclocross and Circuit racing at the Velopark, this is for all age groups and abilities. Along with the clubs regular Time Trials for all riders age 12 upwards.
- We offer high quality qualified coaching at the Velopark with the youth academy for ages 8 to 18. We encourage but not essential to try at least two disciplines within the Academy to help support. We have a wide range of cyclocross and track bikes that you can hire to see if you like these disciplines. The new look Race Team has many of the Academy riders that have graduated through the club over recent years.