

BUILDING SUCCESS IN ALL DISCIPLINES



MDCC
Mid-Devon Cycling Club



RACE MANUAL



Present the
2018 TOTNES-VIRE NATIONAL "B" STAGE RACE
on
Sat 14th and Sun 15th April 2018

Run under the Technical Regulations of the British Cycling Federation

Saturday Morning HQ

Cafe 360, Bovey Tracey, Newton Abbot TQ13 9AZ

Saturday Afternoon HQ

Torbay Velopark, Clennon Valley, PAIGNTON, TQ4 5JR

Sunday HQ

South Brent Village Hall, Station Approach, South Brent TQ10 9AQ

COMPETITOR'S
and
OFFICIAL'S RACE MANUAL

INTRODUCTION

The 2018 promotion is the 45th edition of this stage race promoted by the Mid Devon CC. The race origins go back to 1973 when the Mid-Devon Road Club first promoted a two-day event to mark the twinning of Totnes and Vire in Normandy.

This year's edition features a prologue time trial on the iconic climb of Haytor and a Criterium stage at the Torbay Velopark a purpose built cycle facility.

On Sunday the racing moves to South Brent and 7 laps of a 16 km circuit – this was used, in previous editions and has the Road Race return to its traditional roots in the South Hams.

The Mid-Devon Cycling Club/Colin Lewis Cycles wish all competitors and race officials a safe and trouble free weekend. May the 2018 promotion see more success attach itself as the longest standing senior stage race in Devon & Cornwall and may the presentation of the race further enhance cycling in the eyes of the general public.

We wish everyone concerned with the race a successful weekend in Devon.

ORGANISER

Mike Gratton

E - mike@torque-gt.co.uk

T 07775710687

To whom any correspondence regarding the event should be sent no later than 48 hours of the promotion.

EVENT OFFICIALS

Chief Commissaire - Nick Lumb

Assistant Commissaire - Marcus Ford

Finishing Commissaire & General Classification Coordinator - Phillip Gwynne-Smith

Chief Marshal & Safety Officer - Ken Robertson

First Aid - Event and Medical

Timekeepers - Caroline Twigger and Paul Martin

Timekeepers and Judges Panel - above officials plus m/cycle Commissaires

As designated by the South West NEG Coordinator

COMPETITORS+TEAMMANAGERS- Please take care to read all of the race instructions relating to each stage, stage bonuses and the overall format.

TIMETABLE and STAGE HEADQUARTER'S LOCATION

Saturday 15th April 2018

Stage 1

HQ: Cafe360 Bovey Tracey, Newton Abbot TQ13 9AZ

Please park in the main Bovey Tracey Car Park, Station Road, Bovey Tracey, TQ13 9AW. It's a short walk to the HQ. You will need to pay for parking.

- 09.00 hours Sign on opens at HQ and closes at 11.00 hours
- 10.01 hours First rider starts Stage 1 and riders continue to start at 1 minute intervals.
- 11.21 hours Last rider starts time trial
- 12.00 hours Stage 1 ends

Stage 2

HQ: Torbay Velopark, Clennon Valley, PAIGNTON, TQ4 5JR

Please park in the main Car Park, you will need to pay for parking.

- 14.30 hours Signing on for Stage 2 opens
- 15.30 hours Presentation of the leader's jerseys
- 16.00 hours Stage 2 starts - 1 hour plus 5 laps
- 17.30 hours Stage 2 finishes
- 18.00 hours HQ Closes - please take all your kit

Sun 15th April 2018
South Brent Village Hall, Station Approach, South Brent TQ10 9AQ



As you come in from the roundabout from the B3372. Turn right by the arrow and park on the small Ind Estate where PD Devices are on this map. Park in this area. The Village Hall is a short walk.

- | | |
|---------------|---|
| 09.00 hours | General classification available and signing on commences in the central area of the HQ |
| 09.40 hours | Signing on closes. Race officials' and marshals' briefing for stage 3 |
| 10.00 hours | Presentation of leader's jersey |
| 10.10 hours | Competitor's briefing in central area of the HQ |
| 10.20 hours | Competitors proceed as per the Highway Code to start on B3372 as directed on the day. |
| 10.30 approx. | Stage 3 starts |
| 13.30 approx. | Stage 3 ends. Tea, coffee and food is available please leave donations |
| 14.15 approx. | Presentation of awards at the HQ, subject to the GC being completed. |
| 14.45 hours | HQ closes - please take all your kit - only returned if post and packing is sent. |

Prize Fund 2018 Total Fund: £1,020

Stage One

First	£30.00
Second	£20.00
Third	£10.00

Stage Two

First	£50.00
Second	£40.00
Third	£30.00

Stage Three

First	£50.00
Second	£40.00
Third	£30.00
Fourth	£25.00
Fifth	£20.00

Overall GC

First	£150.00
Second	£100.00
Third	£75.00
Fourth	£50.00
Fifth	£30.00
1st Team	£60.00
1st SW Team	£60.00
1st 2nd Cat	£50.00
1st 3rd Cat	£50.00
1st Junior	£50.00

Prizes will be paid post event via Bank transfer – we will contact you for details. Other than race leader's jerseys there will be no presentation after stages 1 and 2. All the awards will be presented as soon as possible after stage 3. Please wait for the presentation to acclaim the efforts of your fellow competitors. Anyone not present and not giving an apology to the event secretary may be deemed “not interested” and forfeit the award.

Leaders Jerseys sponsored by NOPINZ



The Dartmoor Classic Sportive is proud to sponsor the 2018 promotion of the Totnes Vire Stage Race and wishes all event officials and participants a successful event.

The Dartmoor Classic Sportive is organised and run by the Mid-Devon Cycling Club. It is widely recognised as the most prestigious open-road cycling event in the UK. All profits are distributed between local charities or reinvested in the sport that we love.

Established in 2007, the Dartmoor Classic has grown in popularity, attracting cyclists from around the world. Entries are limited to 3,500 and such is the demand that places typically sell out within 24 hours of going on sale.

The 2018 event takes place on Sunday 1st July and in November we will be opening entry's for the 2019 event.

www.dartmoorclassic.co.uk

The logo for Dartmoor Classic features the letters 'djc' in a stylized white font with a purple dot above the 'j'. Below this, the words 'dartmoor' and 'CLASSIC' are written in a smaller, white, sans-serif font. The background of the logo is a photograph of a winding road through a hilly, grassy landscape.

COURSE DETAILS

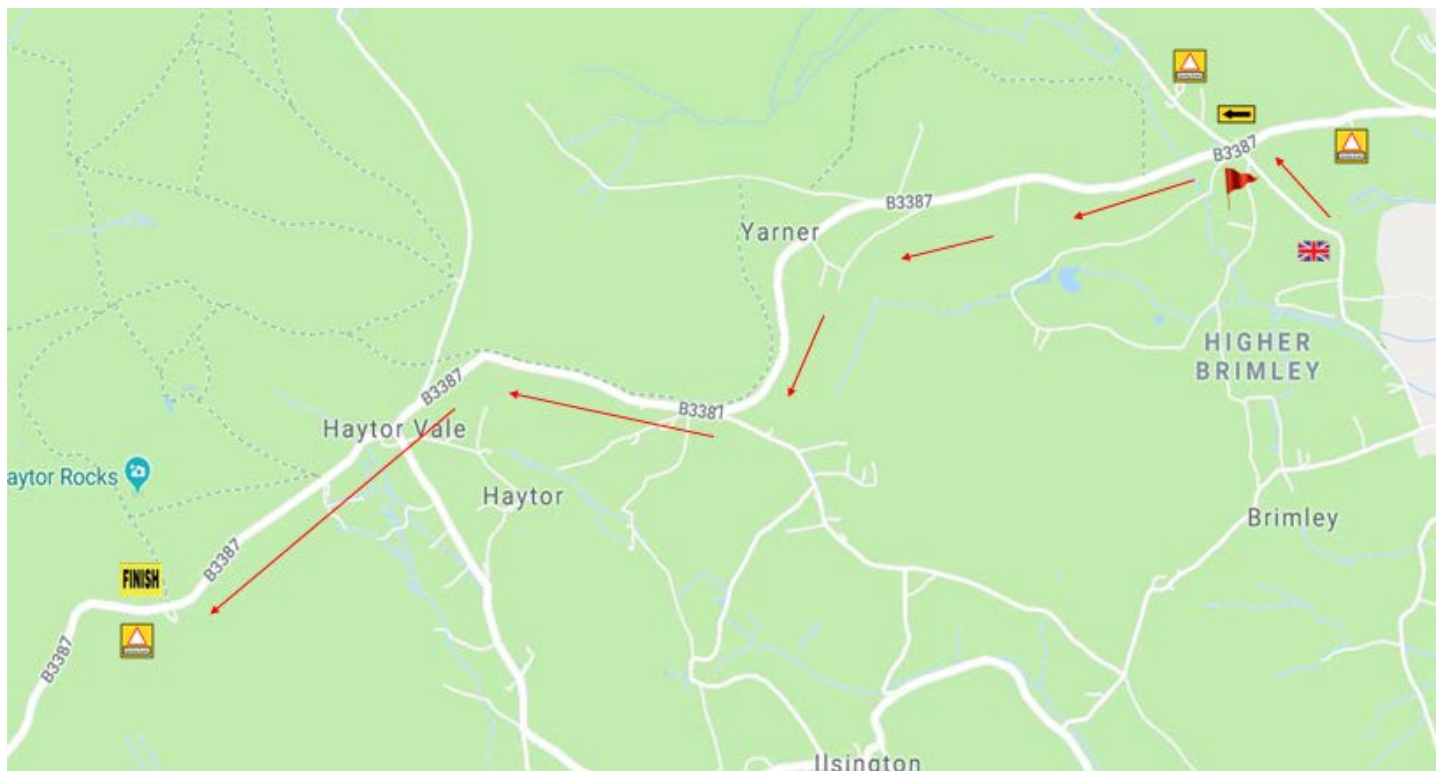
Saturday 14th April

STAGE ONE:

This is an individual time trial over 3.25 miles / 5.23 kms with riders starting at 1 minute intervals. The course record was set in 1979 by Jeff Williams - 12.44.

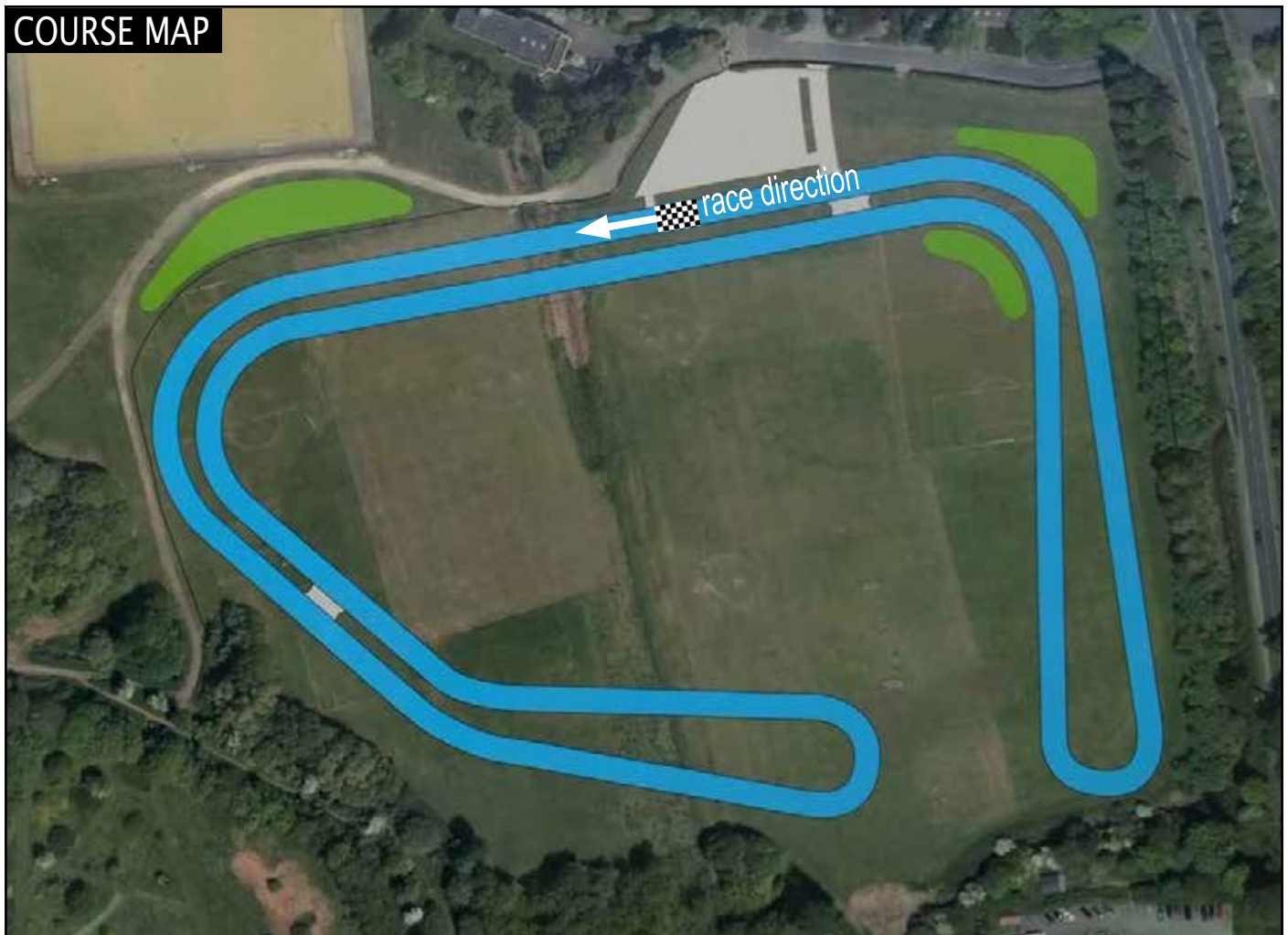
Start in Chapple Road, turn left at Edgemoor Hotel and proceed on B3387 to the top of Haytor, the finish is just past the exit to the Car Park at the top of the hill. Road Bikes only. No teams cars in Chapple Road please.

PLEASE TAKE CARE DESCENDING BACK TO BOVEY TRACEY; THE ROAD IS IN A POOR CONDITION.



STAGE TWO:

The race is on the Torbay Velopark. It will be 1 hour plus 5 laps



The whole of the race is on the 'closed to traffic' Torbay Velopark. It will be over 60 minutes plus 5 laps.

Riders will be gridded on the start line as per General Classification at the end of Stage 1. The race leader will be at the front and will lead the bunch for the whole of the first lap at a "neutralised" pace. All riders must remain behind the race leader until he reaches the start/finish line at the end of lap 1 when the flag will be dropped and racing commences.

As per race notes there will be time bonuses of 15, 10 and 5 seconds respectively for first, second and third at the finish.

Riders who are lapped maybe withdrawn by the Commissaries and the rider will incur the following time penalties after approximately 15, 30, 45 and 60 minutes of racing:

After 60 minutes - 2 minute penalty

After 45 minutes - 4 minute penalty

After 30 minutes - 6 minute penalty

After 15 minutes - 8 minute penalty

Before 15 minutes - 10 minutes penalty

Sunday 15th APRIL

STAGE THREE:

Leave the race HQ. Proceed as per the Highway Code start on B3372 as identified on the day.

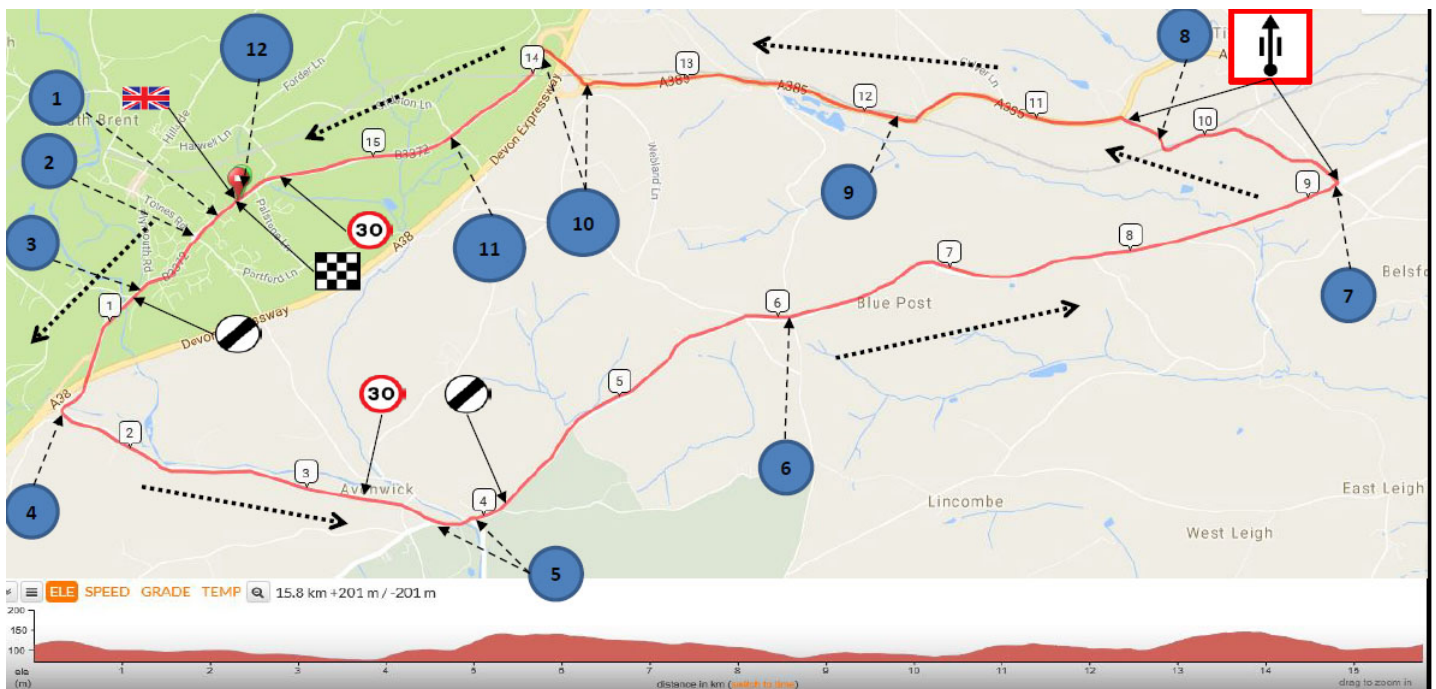
When called, come to the race start line.

Continue through South Brent, taking great care on the descent into and through the village, pass under the A38 and turn left on Plymouth Rd - direction Avonwick/Totnes. Proceed with care through Avonwick over narrow bridge and climb up on Plymouth Road - towards Totnes. Turn left at Fork Cross towards Tigley, take great care through the narrow lane and passing underneath the Railway Bridge and join the A385 towards South Brent at Venton Corner. Watch out as you cross over the railway line again and climb up to and pass through Marley Head taking care at the Roundabouts and rejoin the B3372. Take care on the descent into South Brent.

Repeat for a total of 7 circuits.

Finish on approach to South Brent adjacent to Palstone Sports Centre.

N.B. There is to be no parking in the immediate finish area



GENERAL REGULATIONS

The Totnes-Vire Stage Race will take place under the Technical Regulations of the British Cycling Federation and those here added which shall be binding on all officials and competitors.

Rules of the Road must be observed at all times with special attention to give way signs and keeping to the left-hand side of the road. The major junctions will be manned by accredited marshals plus in some places assisted by red flag marshals to assist with the passage of the race. If they are not present then the rules of the road must be obeyed. Under no circumstances must any rider try to pass a stationary motor vehicle on the outside while the vehicle is waiting to turn right.

The organisers are not responsible for any cycling, motorcycling, motoring or other civil offences. If the standard of riding by individuals or groups is not of a sufficiently high standard then Race Officials will not hesitate to impose suitable penalties (time or money) on the offenders – and they have done. This includes penalties for indiscrete urination. See Technical Regulation 12 for the penalty levels.

Parking – Please park your vehicles with care and do not block resident's driveways and other entrances.

For Stage 1 if you use the Bovey Tracey Car Park there are often present and impose fixed penalties. You must pay the parking fee.

For Stage 2 if you use the Torbay Leisure Centre Car Park you must pay the parking fee.

Parking Enforcement Officers are often present and impose fixed penalties.

For Stage 3 there is parking in the Ind Estate as directed.

Registration and signing on must be completed at the Race Control desks before they close at the stated times.

Road Race Numbers will be issued when you sign on for Stage 1 in exchange for the rider's current valid racing licence – 2 for the rear pockets and 1 for the left arm.

These race numbers and the white TT one (see below) are not to be returned until the final stage is over or if you retire from the race. They must then be handed back as a complete set. The rider's licence will then be returned subject to the instructions of the Chief Commissaire.

Time Trial Numbers will be issued to competitors at the same time as the road race numbers. It is has a white background and is to be fitted low down on the back. It will accord with your time trial number – see list of competitors. Keep this number till the end of Stage 3 or if you retire – as above.

Time Trial Start order – as per the programme – 1 minute interval commencing at 10.01

Machines & Helmets used in the time trial must be the same as those used for the other stages of the race in all respects. This means that "funny bikes", disc wheels, Tri-bars etc. are not allowed. The minimum number of spokes allowed is 16 in any one wheel. Helmets to be "standard" i.e. non aero.

Start Procedure - Riders will be held stationary at the start of Time Trial, or if they prefer they may start with one foot on the ground. They will not receive a push start.

To ensure true competition once the time trial has started other competitors, team members or managers are not to ride or drive on the route in the direction the riders are racing. Riders are asked to warm up on adjoining roads to the start line.

Following vehicles other than those named on the race insurance registration form are not allowed on any stage. Every effort will be made, courtesy of the team vehicles attending the race to provide neutral service on stage 3.

Race Service - It is intended to be able to provide neutral race service. If your race number is even please bring a spare front wheel. If it is an odd number bring a spare rear wheel. Mark wheels with your name and for rear wheels if Campagnolo/Shimano & 10 or 11 sprocket. Wheels will be loaned for universal use.

Security at the HQs – The HQs will be open during the race and may be used by other organisations while the racing is in progress. In the interests of security do not leave any valuables unattended in the HQ.

Officials' Briefing will be held in the event H.Q. as per the timetable on page 3. All race officials are asked to attend. Any team managers are advised to attend.

Race Followers are advised that: - On Stage 3 there are very few roads that cut across the Circuit. Persistently following the race could lead to your rider or whole team being penalised.

Time Limits – As per Technical Regulation 21.13 the limit will be 20% of the winner's time unless a rider can show good reason why it should be extended.

Road Surfaces – The road surfaces are in a similar state to much of the roads in the UK. There are worn surfaces and pot holes so keep a good look out for them and give the other riders as much warning as possible. Devon County Council has been asked to repair the worst defects. Regardless – keep a good look out for damaged surfaces.

Litter Laws make it imperative that no litter is thrown or left on the ground. It is the responsibility of all race personnel (competitors, managers, and followers) to comply.

Feeding from the Roadside: - Always park off the road. On Stage 3 the most appropriate place is just before the finish – it will be signed.

Green Zones: - On stage 3 it will be after the Feed zone. Do not dispose of gel wrappers etc. anywhere else on the circuits.

Race withdrawal - Any rider withdrawing from the event may only exchange their set of race numbers for their licence when the race control is open. Licences left behind will be forwarded only upon receipt of an SAE.

If you leave any kit behind post and package must be paid for its return

Time gaps – The time recorded for a rider crossing the line is as follows: - The first rider across the finish line is timed. All riders in that group get the same time. When the next group crosses the line the time of the first rider in this group is taken. This gives the time gap. It is not the time between the last rider in one group and the first rider in the next group.

The only vehicles allowed to follow the race will be those given accreditation on the form submitted to BCHQ in the week prior to the race. There will be no race day additions.

ANY INFRINGEMENT of the LAW of the LAND relating to a rider's conduct in the race or the use of the road by any of the following:-

**Breaking the HIGHWAY CODE or the TECHNICAL REGULATIONS of the BCF
Disobeying any RACE INSTRUCTION by ANY RACE OFFICIAL WILL MAKE THAT
INDIVIDUAL and the TEAM LIABLE TO PENALTY or DISQUALIFICATION**

Rider safety guide

This race is run under British Cycling's technical regulations and under standard highway conditions therefore you **MUST** abide by the rules of the road.

Safety

- You are not on closed roads and you will face oncoming traffic

Marshals (static or moto)

- Direct riders around the course and warn other road users a race is taking place
- Marshals do not create road closures or make it safe to race on the right hand side of the road

Actions

- You are responsible for your own actions
- Race on the left hand side of the road – do not cross solid white lines and always avoid crossing broken white lines
- Persistent offenders will be penalised (eg disqualification or a fine)
- If necessary the race will be stopped

Responsibility

- Look after each other, behave responsibly and safely
- Do not take unnecessary risks - your actions could have serious consequences

Think

- About your position on the road
- Rider behaviour is critical to protecting the future of road racing
- We all have a part to play

RIDER LIST

RACE	T.T.	First Name	Last Name	Club / Team Name
No.	No.			
1	1	Ian	Cullen	Mid Devon CC
2	12	Julian	Pitocco	Mid Devon CC
3	23	Louie	Priddle	Mid Devon CC
4	34	Harrison	Wood	Mid Devon CC
5	45	Oliver	Blagden	BCR Racing
6	56	Henry	Fawcett	BCR Racing
7	67	Alex	Platt	BCR Racing
8	8	Adam	Robertson	BPF Cycling
9	19	Jack	Salvidge	BPF Cycling
10	30	Robert	Telford	BPF Cycling
11	41	Dave	Tilling	BPF Cycling
12	52	Adam	Toole	BPF Cycling
13	63	George	Bazley	Bristol RC
14	4	Daniel	Maclean-Howell	Cardiff Ajax CC
15	15	Cameron	Biddle	Halesowen A & CC
16	26	Matt	Clarke	Halesowen A & CC
17	37	Mitchell	Webber	Halo Sports Cycling Team
18	48	Andrew	Critchlow	HJL
19	59	Damien	Clayton	Kibosh
20	70	George	Marshall	Kibosh
21	11	Josh	Rochester-Greet	Kibosh
22	22	Michael	Ford	Latchem Sunwise Race Team
23	33	Ben	Strain	Latchem Sunwise Race Team
24	44	William	Bjergfelt	Neon-Velo Cycling Team
25	55	George	Skinner	Norwood Paragon CC
26	66	Josh	Coyne	Okehampton Cycle Club
27	7	Joshua	Curtis	Pedalworks Performance Team
28	18	Sol	Warwick	Penzance Wheelers
29	29	Jacob	Aries	Primera-TeamJobs
30	40	Conor	Chandler	Primera-TeamJobs
31	51	Charlie	Kelly	Primera-TeamJobs
32	62	Max	Moyles	Primera-TeamJobs
33	3	Oliver	Hayward	Rhino Velo Race Team
34	14	Kirk	Vickers	Rhino Velo Race Team
35	25	Jake	Alderman	Saint Piran
36	36	Alex	Fanshawe	Saint Piran
37	47	William	Harper	Saint Piran
38	58	Matt	Langworthy	Saint Piran
39	9	Timothy	Allen	Spirit Tifosi Racing Team
40	10	Edward	Clemens	Spirit Tifosi Racing Team
41	21	Stanley	Kennett	Spirit Tifosi Racing Team

42	32	Anthony	Moye	Spirit Tifosi Racing Team
43	43	Marcin	Bialoblocki	Steele Davis Via Roma RT
44	54	Thomas	Bowering	Steele Davis Via Roma RT
45	65	Lewis	Braithwaite	Steele Davis Via Roma RT
46	6	Andrew	Williams	Steele Davis Via Roma RT
47	17	Kieran	Blay	TAAP Cervelo
48	28	Harvey	McNaughton	TAAP Cervelo
49	39	George	Kimber	Team PB Performance
50	50	Darren	Rider	Team PB Performance
51	61	Graham	Collins	Team Tor 2000 KALAS
52	72	Joshua	Croxtton	Team Tor 2000 KALAS
53	13	Peter	Haworth	Team Tor 2000 KALAS
54	24	Steven	Jones	Team Tor 2000 KALAS
55	35	Ashley	Towey	Team Tor 2000 KALAS
56	46	James	Williams	Team Tor 2000 KALAS
57	57	Luke	Barfoot	Tri UK
58	68	Sean	Frost	Tri UK
59	69	Lee	Frost	Tri UK
60	20	Ben	Lockett	Tri UK
61	31	Daniel	Mcquillan	Tri UK
62	42	George	Smith	Tri UK
63	53	Tom	Nancarrow	University of Exeter Cycling Club
64	64	Alexander	Cross	VCEquipe/FlixOralHygiene/Propulse
65	5	Oscar	Hutchings	VCEquipe/FlixOralHygiene/Propulse
66	16	Aled	Jones	VCEquipe/FlixOralHygiene/Propulse
67	27	Ethan	Lee	VCEquipe/FlixOralHygiene/Propulse
68	38	Sebastian	Lewis	VCEquipe/FlixOralHygiene/Propulse
69	49	Sean	Townsend	VCEquipe/FlixOralHygiene/Propulse
70	60	Gareth	Turner	VCEquipe/FlixOralHygiene/Propulse
71	71	Oliver	Winwood Bratchell	Velo Club Venta
72	2	Ruari	Grant	Veloclub Edinburgh
73	73	Andy	Shackel	Vitus Pro Cycling
74	74	Jamie	Francis	WORX Factory Racing
75	75	Paul	Double	Zappi Racing Team
76	76	Harrison	Knight	ZeroBC Development Team
77	77	Jacob	Knight	ZeroBC Development Team
78	78	Tom	Fitzpatrick	
79	79	Jake	Hollins	
80	80	Sam	Christy	TAAP Cervelo
81	81	Ben	Irving	TAAP Cervelo

COLIN LEWIS

CYCLES

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TT START LIST

RACE	T.T.	Start	First Name	Last Name	Club / Team Name	Finish
No.	No.	Time				Time
1	1	10.01	Ian	Cullen	Mid Devon CC	
72	2	10.02	Ruari	Grant	Veloclub Edinburgh	
33	3	10.03	Oliver	Hayward	Rhino Velo Race Team	
14	4	10.04	Daniel	Maclean-Howell	Cardiff Ajax CC	
65	5	10.05	Oscar	Hutchings	VCEquipe/FlixOralHygiene/Propulse	
46	6	10.06	Andrew	Williams	Steele Davis Via Roma RT	
27	7	10.07	Joshua	Curtis	Pedalworks Performance Team	
8	8	10.08	Adam	Robertson	BPF Cycling	
39	9	10.09	Timothy	Allen	Spirit Tifosi Racing Team	
40	10	10.10	Edward	Clemens	Spirit Tifosi Racing Team	
21	11	10.11	Josh	Rochester-Greet	Kibosh	
2	12	10.12	Julian	Pitocco	Mid Devon CC	
53	13	10.13	Peter	Haworth	Team Tor 2000 KALAS	
34	14	10.14	Kirk	Vickers	Rhino Velo Race Team	
15	15	10.15	Cameron	Biddle	Halesowen A & CC	
66	16	10.16	Aled	Jones	VCEquipe/FlixOralHygiene/Propulse	
47	17	10.17	Kieran	Blay	TAAP Cervelo	
28	18	10.18	Sol	Warwick	Penzance Wheelers	
9	19	10.19	Jack	Salvidge	BPF Cycling	
60	20	10.20	Ben	Lockett	Tri UK	
41	21	10.21	Stanley	Kennett	Spirit Tifosi Racing Team	
22	22	10.22	Michael	Ford	Latchem Sunwise Race Team	
3	23	10.23	Louie	Priddle	Mid Devon CC	
54	24	10.24	Steven	Jones	Team Tor 2000 KALAS	
35	25	10.25	Jake	Alderman	Saint Piran	
16	26	10.26	Matt	Clarke	Halesowen A & CC	
67	27	10.27	Ethan	Lee	VCEquipe/FlixOralHygiene/Propulse	
48	28	10.28	Harvey	McNaughton	TAAP Cervelo	
29	29	10.29	Jacob	Aries	Primera-TeamJobs	
10	30	10.30	Robert	Telford	BPF Cycling	
61	31	10.31	Daniel	Mcquillan	Tri UK	
42	32	10.32	Anthony	Moye	Spirit Tifosi Racing Team	
23	33	10.33	Ben	Strain	Latchem Sunwise Race Team	
4	34	10.34	Harrison	Wood	Mid Devon CC	
55	35	10.35	Ashley	Towey	Team Tor 2000 KALAS	
36	36	10.36	Alex	Fanshawe	Saint Piran	
17	37	10.37	Mitchell	Webber	Halo Sports Cycling Team	
68	38	10.38	Sebastian	Lewis	VCEquipe/FlixOralHygiene/Propulse	
49	39	10.39	George	Kimber	Team PB Performance	
30	40	10.40	Conor	Chandler	Primera-TeamJobs	
11	41	10.41	Dave	Tilling	BPF Cycling	

62	42	10.42	George	Smith	Tri UK	
43	43	10.43	Marcin	Bialoblocki	Steele Davis Via Roma RT	
24	44	10.44	William	Bjergfelt	Neon-Velo Cycling Team	
5	45	10.45	Oliver	Blagden	BCR Racing	
56	46	10.46	James	Williams	Team Tor 2000 KALAS	
37	47	10.47	William	Harper	Saint Piran	
18	48	10.48	Andrew	Critchlow	HJL	
69	49	10.49	Sean	Townsend	VCEquipe/FlixOralHygiene/Propulse	
50	50	10.50	Darren	Rider	Team PB Performance	
31	51	10.51	Charlie	Kelly	Primera-TeamJobs	
12	52	10.52	Adam	Toole	BPF Cycling	
63	53	10.53	Tom	Nancarrow	University of Exeter Cycling Club	
44	54	10.54	Thomas	Bowering	Steele Davis Via Roma RT	
25	55	10.55	George	Skinner	Norwood Paragon CC	
6	56	10.56	Henry	Fawcett	BCR Racing	
57	57	10.57	Luke	Barfoot	Tri UK	
38	58	10.58	Matt	Langworthy	Saint Piran	
19	59	10.59	Damien	Clayton	Kibosh	
70	60	11.01	Gareth	Turner	VCEquipe/FlixOralHygiene/Propulse	
51	61	11.02	Graham	Collins	Team Tor 2000 KALAS	
32	62	11.03	Max	Moyles	Primera-TeamJobs	
13	63	11.04	George	Bazley	Bristol RC	
64	64	11.05	Alexander	Cross	VCEquipe/FlixOralHygiene/Propulse	
45	65	11.06	Lewis	Braithwaite	Steele Davis Via Roma RT	
26	66	11.07	Josh	Coyne	Okehampton Cycle Club	
7	67	11.08	Alex	Platt	BCR Racing	
58	68	11.09	Sean	Frost	Tri UK	
59	69	11.10	Lee	Frost	Tri UK	
20	70	11.11	George	Marshall	Kibosh	
71	71	11.12	Oliver	Winwood Bratchell	Velo Club Venta	
52	72	11.13	Joshua	Croxton	Team Tor 2000 KALAS	
73	73	11.14	Andy	Shackel	Vitus Pro Cycling	
74	74	11.15	Jamie	Francis	WORX Factory Racing	
75	75	11.16	Paul	Double	Zappi Racing Team	
76	76	11.17	Harrison	Knight	ZeroBC Development Team	
77	77	11.18	Jacob	Knight	ZeroBC Development Team	
78	78	11.19	Tom	Fitzpatrick		
79	79	11.20	Jake	Hollins		
80	80	11.21	Sam	Christy	TAAP Cervelo	
81	81	11.22	Ben	Irving	TAAP Cervelo	1st Reserve

MDCC

Mid-Devon Cycling Club



Formed in 1930, the club has a rich history and a reputation for producing some of the country's leading riders including Tour de France riders Colin Lewis and Jeremy Hunt, Yanto Barker and Jonathan Tiernan-Locke.

Along with club and social rides we run a youth section for those aged 8 - 16, developing cycle skills and having fun and support riders through the transition to becoming Junior racers.

We have 6 British Cycling coaches who provide advice and guidance to our youngsters, novices and female members.

For more info visit:

mdcc.org.uk