

# "The Hub"

## The Newsletter of Mid Devon Cycling Club

## February 2018



2017 Club Award Winners

Editorial:

#### 3 Global title Winners in 2017

After Don Brooks (World Age Triathlon Champion) and Karl Allen-Dobson (Double Gold at the Invictus Games) the club has it's 3rd Global title winner when Robin Delve grabbed the 'Rainbow Jersey' in the World UCI Masters Cycle Cross Championships in early December. Congratulations Robin. His full write up on the event appears below.

#### Full 2018 Calendar of MDCC Events - see page 19

We have assembled as much information as possible, covering all sections of the club, into one document to give you a full list of everything the Club is planning to organise this year along with key Sportive & Audax events in our area as currently advertised.

#### 2018 AGM & 2017 Awards

Around 80 people attended this event and from the feedback was very much enjoyed. A very concise AGM from our Chairman was followed by the pizza and chips paid for by the club and then the presentation of trophies and awards for performances in 2017. Nearly all the award winners were able to attend which adds to the occasion. The section reports all appear below as does a full list of the winners with their photo somewhere throughout this edition. Stover Golf Club once again proved to be a quality venue enjoyed by all. Thanks to all the staff at Stover who made this possible.

#### Your Club Needs You - Prestigious National Event comes to Torquay at the end of March

Please read carefully the article from Ken about the National Youth Series Road Race Event which will be held across the weekend of 24th & 25th March. This, like the Dartmoor Classic, needs us all to put our hand up to help in some way. A big success who enable more prestigious National Events to be held in our locality. LET'S DO THIS WELL!

#### Social Committee Events for 2018

As well as maintaining most of what happened in 2018, the new committee are hoping to run a Summer Solstice evening ride with food available at the end. Full information and dates in their report on page 16.

Finally good luck to everyone for a very successful year of cycling in 2018.

Paul Martin - news@mdcc.org.uk

| In this Issue:                               |            |   |            |  |
|--|------------|---|------------|--|
| World Masters Cycle Cross Champion           | P2         | 2018 AGM - Chairman's & Committee Officers Reports          | P10-<br>15 |  |
| Youth Award Winners 2017                     | P4         | Social Committee - 2018 Starts                              | P15        |  |
| NATIONAL YOUTH SERIES EVENT -<br>HELP NEEDED | <b>P</b> 5 | 2016 Club Survey - One Year On and 2017 Club Survey Results | P16        |  |
| AGM & Award Evening - Winners                | P6         | MDCC Calendar 2018  | P17        |  |
| GB's Great British Bike Bash 2 - part 2      | P8         | Club Rides - January - March 2018                           | P20        |  |

# UCI 2017 Masters Cyclo-Cross World Champs: Mol, Belgium. Friday 1st December, 2017.

My age qualifies me to ride in the 60 to 64 age group. It's now nearly a week since the race and my feet have still not touched the floor. Finding it really difficult to write a report as the race went by in a blur, I can't remember much!! However I do love it when a plan comes together and everyone else is totally shocked and amazed at the result...Robin Delve..World Champion!!!!!

#### Wednesday 29th November

Packed van and washed it. Departed 11am. Smooth incident free straight to Eurotunnel. Arrived far too early so got the rollers out in the car park to loosen the legs. Didn't see the reaction of others arriving because if I look around I fall off!! Got the 7.20 tunnel so arrived France 9pm. Drove for 30 miles before kipping down in the van. The noise of hard rain on the van kept me awake.

#### **Thursday 30th**

Met Georgia, my daughter who works in France, at Lille train station. She will be my pit helper for the race.



Dodged traffic and closed roads to arrive Mol at 2pm. Important to arrive in daylight to get some practice in the sand and to work the legs. The course was identical to last year....lots of tough deep sand...rideable but if you do it's exhausting. Five minutes after arriving I descended the 'demon drop death slide' to hit the soft sand... somersaulting head over heels...ending with bike landing on my head..denting my helmet!!! Great start. Thursday evening settled into our chalet just 2 mins from the course. As per last year I took all my own food to eat before the race and not risking any strange food.

#### Friday 1st December.....RACE DAY

Usual race day breakfast of porridge. Race not until 3pm. Did more practice in the morning...much more successful this time. Checked on random gridding: 15th in a race of 32...no problem 2nd row start. Lunch at 12noon..3hrs before race..leftovers from previous evening!! Pre race warm up on the rollers and a few hard sprints around the car park...decided last minute to put more air in tyres.

55-59 age group went off first. Our whistle went 30secs later. Plan as per last year to stay in touch but be safe..the race can be lost in the first 2mins but can't be won. Georgia counted me at 13th after a few minutes. We were soon into the back of the 55s which caused a log jam at the first steps. The first sand section was a



run,,,felt great....rest of first 9min+ lap went like clockwork....never felt so good....ran all sand passing many others but were they in my race? Impossible to tell. Fast sections on tarmac went well....still passing others!! Only way to describe it is like being in a ball with only the small area in front actually in focus....floating zooming along!!! Don't remember puffing and panting!! First lap completed...commentator announces No 108 Robin Delve is leading the 60-64 race!!! Heard this clearly! Can't say what I thought! Used the 55s to draft on the fast sections..but simply left them behind on the running...this is going too well. Steve Davies pulled out with injured leg so Lester Young switched his pit duties to me. Apparently the conversation between Georgia and Lester was a very excited disbelieving 'I think Dad is in front leading!!!' Lester told me I was just 15 sec in front and to control it.... 15secs..not much so go faster I thought!! Georgia's filming went to pieces as nerves and excitement took over.

Next time past Lester, he shouts 1min lead....control it. There was definite shock in his voice. The support from Brits all round the circuit was brilliant.....I did not look to

see who any of them were. 2 laps done just 2 more to go...but he announces 3 to go....jeez slight change of plan...race will be 8mins too long. Told myself same for everyone..no negatives today. Same plan stay with 55s on flat...fast as hell running. It worked because in one light handed moment I passed a rider....as he shouted in a very american accent..'are you a frigging

Kenyan?'..this made me chuckle but I showed no emotion...I'm on a mission!! Lester's shouting was now pleading for me to control myself and not to take any risks. By this time my dodgy left calf was pure pain and muscles were beginning to crumble in my right leg...just pain not fatigue so no problem. Into the last lap..Lester's advice changed to a relaxed 'enjoy it, enjoy yourself'. Final time across the long sand section and a huge smile breaks out across my face..time to take in the crowd. Down the finishstraight..commentator announces here he comes... the new masters world champion from Great Britain...Robin Delve. Eyes began leaking straight away. Mission accomplished. Unbelievable excitement from Georgia, Lester and Nick Blight. Phoned my lifelong sponsors Mum and Dad immediately. Can barely stand up my legs hurt so much....but you are never tired after winning. The other Brit riders were all so pleased for me....but they were amazed and shocked.

To cap it all a podium presentation like no other....national anthem the lot. I have watched so many of these on TV...never thought it would be me. Totally awesome experience. Gold medal and a very special Rainbow jersey.

I did not start cycling until I was nearly 40 and had my first cx race at Exeter Racecourse in 2002. Lined up that day next to ex pro Andy Shaw who promptly lapped me in nearly every race during those early days. Andy was there on Friday racing in the 55s. I think he finished 17th and first brit, however I had apparently passed him and had got myself up to 14th in the 55s despite giving them all a 30 sec start.

Before Friday I had done 18 cx races in just 13 weeks a deliberate ploy because I know that I push myself much much harder in racing than in training. This included racing in Derby on a Saturday and then in Falmouth

on the Sunday! 5000 miles driving already this season. I have also spent a year training for the Mol course. High end speed, sand and running. Highend speed at Westpoint crits on my cross bike. Sand training at Exmouth. Running immediately after rollers. It seemed to work.

Fantastic to show off the jersey and medal at the Velopark on Sunday. Hopefully everyone of all ages should be inspired by my achievement.

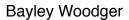
Thank you to MDDC for providing a brilliant club framework to allow the development of my potential.

Robin Delve



### **Our Youth Award Winners for 2017**







**Bethany Coates** 



Ed Selwood



Isabella Ashford

#### National Youth Series Road Races - A CALL TO ARMS

On the weekend of Saturday March 24<sup>th</sup> and Sunday March 25<sup>th</sup> the Mid-Devon CC will be embarking on one of its most ambitious cycle race promotions it has ever done in its 87 year history. Because of its importance **we need your help**. Please do not leave it to the rest of the membership. Step forward and offer your assistance.

The main event is on the Sunday and it is the opening round of the six race series that make up the National Youth Championships. There will be 4 races. There are races for the Under 14 and Under 16 girls (Youth B) and the same for the Under 16s (Youth A). Each race will be just over 1 hour long with a short 15 minute or so break between each race.

The races will be run on a circuit around Torre Abbey Meadows and the Torquay Athletic Rugby Club. For those that remember the Tour Series Races run some years ago we will be using the same circuit plus a short leg up towards Corbyns Head.

In order that the races can proceed in safety the club has been working with officers of Torbay Council and there will be a road closure in force from 07:00 on the Sunday till 17:00. This will allow the circuit to be set up with barriers around it. Additionally there will be a suspension of parking restrictions on the circuit and possible additional controls in the roads adjacent to the circuit to enable traffic to run as smoothly as possible.

The list of tasks is huge. In chronological order for the Sunday we need to cover the usual race day tasks plus those needed because of the stature of the races and the need for the road closure. They are things like:-

- Placement of barriers between 06:00 and 09:00 in places where it is not possible while the roads are open
- Placing of exhibitors and traders in their respective slots
- Tving of banners to the barriers
- Parking in and around the HQ for officials and competitors
- Bike checking and registration
- Manning of the 9 x pedestrian crossings plus having spotters in advance of some of the crossings (each crossing will need a person at each side). There will also need to be a relief team to take over as the day's racing progresses.
- Pulling back barriers so the roads can reopen.

#### Please consider if you can double up and do one task and then slot into another.

As a precursor to the Sunday races we will be putting on a Saturday of racing at the Velopark. These races will be for all categories of riders who are not eligible for the Sunday Races. It is intended to make this a special day at the Velopark with a number of exhibitors being invited to attend. To that end the club also needs help with the usual tasks+ e.g. signing on; safety marshals, presentation team.

The races will commence at 10:00 and end at 18:00

The carrot at the end of this is the possibility of repeating the work in 2019 but as the National Championships and or doing it again in the same format in 2020.

If you can help than please contact myself, Ken Robertson <a href="mailto:robertson.swdc@gmail.com">robertson.swdc@gmail.com</a>, Mike Gibson <a href="mailto:mike@brandsinmotion.co.uk">mike@brandsinmotion.co.uk</a> or Liam McGrath <a href="mailto:Liampmcgrath@gmail.com">Liampmcgrath@gmail.com</a>. We need to know the day of your availability and the times that you can fit in.

Thank you,

Ken

#### **AGM & AWARDS EVENING - Stover Golf Club**

#### Club Awards for 2017

#### Time Trialling Medals for Club Records set in 2017

Senior Men 10 mile 18m 55s Matt Langworthy

Senior Men 25 mile 47m 46s, Senior Men 50 mile 1h 39m 45s Senior Men

100 mile 3h 33m 47s Over 40s 25 mile 47m 46s Over 40s 50 mile 1h 43m 56s

Over 40s 100 mile 3h 33m 47s All Conrad Moss

#### **Time Trialling Open Awards**

President's Memorial Trophy 1st Man September 25 & Kelsteign Trophy Teign Valley Hilly **Matt Langworthy** 

Olympic Shield 1st Woman September 25 Ruth Burrows

Sharam Trophy 1st SW Senior BAR Av Speed for 10, 25 & 50 miles, 30.98 mph, WAJ Best Trophy 1st Man June 25, 1st Man in Club 10 Champs, WAJ Best Cup 1st Man Club 25 Champs, Chouings Cup Fastest in Open 50 in SW, Elliott Cup Open 100, Bert Chitty/Thorp Plaque Open 12 hour, B Northway Trophy Fastest MDCC Vet STD 50M and Golden Jubilee 50m Cup All Conrad Moss



#### Youth Awards - Ages as at 1st January 2017

Conrad with the Sharam Trophy

Youth E Under 8 Bayley Woodger Youth D Under 10 Bethany Coates

Youth C Under 12 Ed Selwood Youth B Under 14 Morgan Gibson - Clay

Youth A Under 16 Isabella Ashford

#### **Club Evening Time Trial awards**

1st Overall Lee Sanderson 1st Non TT Bike John Scanlon

1st Woman Bibbings Cup Shani Adams Most Varied Bike 4 in total Julia Browne

1st Youth Reuben Renton 1st Junior Louie Priddle

Social Rider of the Year Mark Phare photo right

#### **Off Road Awards**

Women Catherine 'Killer' Kilburn

Gnarly Cup Men Robin Delve

#### **Road Racing**

Davey Cup Club Road Champion Senior Ashley Towey

Vire Trophy Club Road Champion Women Juliet Elliot

Junior Cup Club Road Champion Junior Harrison Wood



Colin Lewis Trophy Performance of the Year Lauren Dolan
Hammer Trophy Ian Cullen

Club Person of the Year

Clima Cup Mike Gratton photo right



## **Other Trophy Winners**



Ruth Burrows John Scanlon Juliet Elliot





Lee Sanderson Louie Priddle Reuben Renton

#### GB's Great British Bike Bash #3 - Graham Brodie writes...

(Newton Abbot to Mull and back)

#### Day 13 88.6 miles 930m

#### Glencoe to central Glasgow.

So it was time to head South back to Glasgow where Kate was to get the train home, and I was to find my way back to sunny Devon over a few more days. It was set to be quite a long day, with the unknown of riding into Glasgow at the end. John had told me stories of the horrors that awaited us along the cycle route through Dumbarton.

We set off from Glencoe hostel after a breakfast of porridge and bits we had left over, and wound back up the hill past Clachaig Inn, and onto the main A82. Near the top of the climb we had a very near miss/close pass for no obvious reason from a silver hatchback. The only real bit of nasty driving we experienced on the trip. Once over Glencoe it's a fabulous rolling road, gradually descending through the stunning Rannoch Moor, and on through Bridge of Orchy where we stopped at the hotel for coffee and cake. Clearly a captive market at their location as we were charged £13 for two slices of "average" carrot cake and two coffees! The next purchasing stop was the "Brodies" stores at Tyndrum where we bought lunch and ate it on picnic benches in Crianlarich, from where it's a really fine downhill run through Glen Falloch to the top of Loch Lomond.





Retracing the cycle route along the Loch we soon arrived at the beginning of the cycle trail into Glasgow. This proved to be quite a pleasant experience, much it following the River Leven, and on through sections of old disused railway. As we were heading into the city the rain returned and was quite steady, but we arrived at the Jury's Inn right

in the centre with 90 miles on the clock.

The hotel staff were great, as we squelched into the well furnished and brightly lit lobby, they happily allowed us to take our bikes up to the 8<sup>th</sup>



floor in the lift!

We toured a bit of the city in the evening, now quite a cosmopolitan centre, and we enjoyed a well earned Pizza's.

### Day 14: 98.5 miles 1422m Glasgow to Innerleithen.

We treated ourselves to a hotel breakfast, and I was partly envious as I said goodbye to Kate setting off on a warm train bound for Devon, and I stared into grey mist and steady rain. I was fairly unsure of what route options today. I had originally planned to take a fairly short day and head East via Peebles straight to Innerleithen, but quite fancied taking Edinburgh in on the trip, which meant a few more miles, and the weather did not look good..

I opted to head off on the NCN 75 cycle route out of the city and see where it took me and work things out as the day progressed. This was a great success for the first 15 miles, delightful and mainly deserted trail along canals and through parks, under the M8 an out through Rutherglen and East towards Airdree. It was quite damp with some very heavy showers, so fancied a coffee stop, but there was nothing on the trail, so I came off the trail at Airdree and headed into town. As I approached the centre there was a cordon with a wall of blue lights, and crowds about 6 deep! I squeezed through and squelched through he town having to walk because of the sheer mass of people.

When I eventually found respite in a small street café, I was able to find out what was happening. I'd stumbled into the town at the height of marching season, and 54 bands were about to parade through town!

I gulped my coffee quickly realising that I may well be trapped in the town. Too late, I stepped out in to pouring rain to the crashing of drums and wailing of pipes as the Derry boys thumped past followed by band after band

after band. I squeezed carefully past the crowds, and after about 15 minutes managed a discreet run across the High Street without Plod noticing, and made a dash back to the cycle route.

Two miles down the road the cycle route dumped me back onto one of the towns perimeter roads, right in the middle of the marches again, with crowds and more police road blocks. A sneaky run down the pavement brought me to some lights where I politely asked a Policeman if I could cross, - he let me – and I dashed off up the unknown road which at least appeared to be heading out of town towards the East.

I'd lost NCN75, so just followed East, and soon caught up another cyclist. He turned out to be a GP from Glasgow who was cycling to Livingston to meet his wife, so we jointly set out to find the NCN75 again. The rain was really hammering as we spotted the restart of the route, which was a superbly surfaced trail about 15 feet wide, and meandering alongside the main railway line so fairly flat for many miles, just a bit heavy going because of the rain. Just outside Bathgate having put the world to rights I bade farewell to Greg and spotted a Morrisons supermarket not far off the trail. Inside I began the ringing out process, and started making huge puddles on the floor. A fiver saw me set up with a great plate of Gammon, Egg & Pineapple and a coffee. Heavy rain had turned to steady rain as I did a quick sweep of the town before heading back on the trail Eastwards.



After a few more miles rain abated, but I seemed to have lost NCN75 again and was heading into the outskirts of Edinburgh. Checking the map I wanted to head more South but there is no easy way of getting around the Pentire Hills without going through the outskirts. I decided to head back to find the NCN and try and find my way to the ring road. After much retracing eventually heading back roughly in the direction I wanted , I discovered that cycling was banned on the road I'd planned to use, (A720 – no cycle route!) so I headed back into the City towards Dalkeith hoping to find the old B road to Bonnyrigg and

Moorfoot Hills Gorebridge and on South from the city. After getting mildly lost a few times I was heading out on the right

road. Pam from The Old Town B&B\* where I was booked in was very kind and rang me back to make sure I was OK as it was starting to get towards dusk. I had quite a climb into a headwind over the Moorfoot Hills, but the reward was a beautiful sunset between returning showers, and the constant cry of Lapwings and Curlews. I arrived at Innerleithen very tired and still a bit damp, but had a good nights rest there and was very well looked after.

#### Day: 15 86.9 miles 1755m Innerleithen to Alston.

I was treated to a huge breakfast before I set out at about 9.20 on what looked like it might be a dry grey morning. I lightly cursed the South West headwind as I began the climb through the forest. This had turned to full on constant swearing as the rain began just as I passed the Tushie Law Inn where I called in to fill my water bottles. There was plenty of water for the next few miles, most in the form of thick horizontal drizzle. The climb was gradual but a real drag in the wind. I passed the Tibetan centre thinking about maybe a stop at Eskdalemuir, but it was bleak and I'd convinced myself that I would be without shelter and sustenance for some time on this road. However at the village I spotted a sign on the road, the old church



had been converted into the Eskdalemuir Community Hub, so I was soon drying out with hot coffee and some great homemade cakes.

The rain was easing and by the time I arrived at Langholm it was almost dry. A quick stop for sandwiches for lunch, and then south again. My road had signs all across saying "Road Ahead Closed" Deciding to risk it I continued for 3 or 4 miles along the lane that skirted the east side of the River Esk. After a steep drop I came across the road closure. A weak bridge had each side closed off by a large steep pile of tarmac which luckily I could scramble over and get across. The other great thing was that I enjoyed many traffic free miles though Catlowdy and Roweltown, and passing Hadrians Wall near Gilsland, before crossing the A69 and enjoying a few hefty climbs past Blenkensopp castle before joining the A689 To Alston where I checked in at the very pleasant Youth Hostel which is privately run with a YHA franchise.

#### Day: 16 Alston to Ingleton 81.1 miles 2172m

My original plan was to head for Huddersfield to stay with friends, but it was a good 125 miles away, and I was feeling quite tired and wind battered, so I managed to book a place at Ingleton, which tied in nicely with about 80 miles to run, leaving me 70 to do to Stockport the day after. I'd forgotten what a drag it was from Alston over the top and through Langdon beck to Barnard Castle – a good 300 metres of climbing into a Southerly headwind before the long descent. I stopped at Middleton-In-Teesdlae for coffee, and and had lunch at Barnard Castle. I then planned to head down to Swaledale, thinking I may get shelter from the headwind, but the plan backfired. After some very long steep climbs over Hope Moor, I dropped down into Reeth at the head of Swaledale and turned West.

The wind had gone around to the South West so I had a stiff headwind along the dale with the steep climb over to Hawes with the main compensation being superb scenery. From Hawes it was some more gradual climbing but into the wind, past the famous Ribblehead viaduct and onto to Ingleton YH, where the very nice Nigel presented me with a bottle of local ale on arrival.

(\* Old Town Hall B&B, Innerleithen— a lovely B&B well set up for cyclists. Pam often hosts MTB' riders as the area is popular with off roaders and downhill racers. Only about £40 – great value and very bicycle friendly.)

...to be continued

#### **MDCC Committee Corner**

The Committee would like to make all members aware that you are invited to sit in on their meetings at any time. If you would like to raise a particular issue for discussion you would need to contact the Secretary, Annette Dentith at <a href="mailto:info@mdcc.org.uk">info@mdcc.org.uk</a> with the details preferably a couple of weeks before. All meetings (unless otherwise stated) start at 1930h at Teigngrace Community Hall, School Road, Teigngrace, TQ12 6QS.

Next meeting: Monday 29th January, 1930h at Chudleigh Knighton Village Hall.

#### Club Officials for 2018 as appointed at the AGM

| Post                           | Holder                                |
|--------------------------------|---------------------------------------|
| President                      | Colin Lewis                           |
| Vice President                 | Ken Robertson, Ron Keegan, Ron Georgi |
| Chairman                       | Andrew Perkins                        |
| Vice Chairman                  | Max Vautier                           |
| General Secretary              | Vacant                                |
| Hon. Treasurer                 | Mark Sanders                          |
| Time Trial Secretary           | Conrad Moss                           |
| Club TT                        | Ian Myers                             |
| Road Race Secretary            | Mike Gratton                          |
| MTB Secretary                  | Nick Roach                            |
| Press Secretary                | Vacant                                |
| Membership Development Officer | Liz Crawford                          |
| Social Secretary               | Committee represenatative             |
| Newsletter Editor              | Paul Martin                           |
| Welfare Officer                | Liam McGrath                          |
| Mid Devon Youth                | Andrew Parker                         |

| Women's Officer   | Michele Radant |
|-------------------|----------------|
| Sportive officers | Jamie Horton   |

## **Chairman's AGM Report**

2017 has been another extremely successful year for all areas of the club.

Our membership continues to grow. When I took on the Chairman's role in 2010 we had around 250 members, our membership now stands at 560!

We have a greater number of female members than we have ever had – boasting 25% female membership which compares very favourably to the national picture. We'll hear Liz Crawford's report on that later.

The cycling boom shows no sign of abating and perhaps the biggest threat we now face is a far greater demand for organised activity than we have historically seen.

As we'll hear from the various officer reports we've recorded a very significant number of wins in the various cycling disciplines we undertake including regional, national and international success.

The Dartmoor Classic continues to be the club's showcase event, and maintains its position as one of the country's premier event. The income from the Classic, funds the operation of the club and it's crucial that we all support it.

This year has seen the ongoing development of our Sunday rides with 8 separate rides (comprising in up to 90 riders) leaving Abbrook on a Sunday morning, As the size of our rides has grown, inevitably issues arise and greater management is required. These are all things that the committee is alert to and as we go into 2018, they are matters that we have on the agenda to address and many of you will be aware of the work we're already doing to help up-skill our ride leaders and our newer members.

With any growth, of course, come challenges and whilst the club membership has more than doubled in recent years, its management team has not expanded at the same rate and on occasions we've found ourselves 'creaking at the seams' with too few timekeepers, marshals, club officials, organisers and volunteers for a club of our size, undertaking the level of activity that we're undertaking. So my message this evening is that if you have the capacity to take on a role within the club, or are able to volunteer to assist with a promotion or event, please let yourself be known to me or one of the committee as we'll be very glad of that assistance and happy to find you a role

Paul Martin has done a sterling to help communication within the club with the Hub publication and the members' questionnaires that he has published and then analysed. The 2016 questionnaire raised key issues for attention which became the focus for the committee this year – that has resulted in far more regular communication with the riders, improved organisation of the Sunday rides, more social and educational activity (e.g. the bike maintenance evenings) and a new member orientation evening which proved very successful. We'll shortly be publishing the feedback form the latest questionnaire which will help focus the c'ttee into 2018

In any club it's the volunteers who make things happen - and without the input of their time and energy, there simply wouldn't be a club. So, I'd like to round off my report by expressing thanks on behalf of the club to all of those who've contributed to the clubs activities and operation during 2014, from the timekeepers and organisers, the judges and commissaires, the vehicle drivers, the first aiders, the committee members, the group organisers, the ride leaders, the refreshment providers, our sponsors, the Classic volunteers, the coaches and anyone else who doesn't quite fit into those categories. Thank you very much - it's your efforts that have made the club the success that it is.

Finally, tonight we see the retirement of a long serving and very important member of the committee, Annette Dentith who has served as Club Secretary for the last 7 or so years. Annette has done a sterling job and I particularly am going to miss her support.

**Andrew Perkins** 

## **Treasurer's AGM report**

#### MDCC Income & Expenditure for year ended 30/11/2017 (excludes Dartmoor Classic Accounts)

The accounts show a small overall surplus of £5k. Material figures are membership fee income of just under £6k and a net clothing surplus of £5k, this was brought about partly from a write off of old stocks last year and subsequent sales and a contribution from Dartmoor Classic for kit. The rest of net expenditure and costs are relatively small. Many MDCC events covered their costs, overall for MDCC organised races the club made a loss of around £2k (other specific items can be listed).

MDCC financed £10k of rider support which was funded from the Dartmoor Classic surplus.

#### Balance Sheet as at 30/11/2017 (Reserves including Dartmoor Classic Figures)

The club is financially secure having sufficient overall reserves.

I believe there are still Dartmoor Classic expense for the 2018 event which will reduce the reserves – the income has already been received. The Dartmoor Classic contributes 80% (£35k in 2017) of its surplus to MDCC funds - the other £20% (£9k in 2017) is contributed to Charities. Any specific questions about the Classic Accounts can be passed on to Tony Watson who unfortunately could not make this evening.

Mark Sanders

## **Membership AGM Report**

We finished the year with 585 members (of which 351 have so far renewed for 2018). See attached charts for breakdown. Membership fees stayed the same as previous years. Membership has increased slightly on last year (568 at end 2016) – the male/female split is exactly the same as last year.

## **Young Riders AGM Report**

Club coaching sessions continue at the velopark on a fortnightly basis throughout the year. This allows us to coach the riders in a traffic free environment, teaching them the skills that they will need to handle their bikes, ride in groups and for those who wish to, go on to racing. Each session has 30 - 40 riders present and there are three committed coaches who attend on a rota basis and a sign on team. We have enquiries on a weekly basis from potential new riders.

During the year we have strengthened our coaching team with Hamish Renton, Mike Gibson and Briony Goldsmith taking qualifications working alongside Martin Burrows, Alan Drury, Dominic Start, Darin Dodd and Andrew Parker. In 2018 we will look to make a further investment in coaches should suitable candidates be found.

Racing continues to be a focus with regular podiums at circuit, mountain bike and cyclo cross events. We have had strong club representation at club cluster sessions and there is a renewed interest in track racing too.

Mike Gibson has been appointed to the role of South West Youth Team manager and together with Mark Dolan is giving renewed focus to the quality of the coaching sessions we provide. On behalf of the club Mike is also promoting a round of the prestigious National Youth Series on Torquay sea front in March.

Whilst you may not see them attending club functions, AGMs, club runs or sportive trips, under 16 membership now stands at 90, proportionally the biggest in the club and ensuring there is a counter balance to the average age of the membership. Recently several notable South West clubs have seen their youth sections separate away with a feeling that the offer from the senior section is no longer relevant. In 2018 it would be good to see a focus on some whole club activities that would bring all sections of the club together and appeal to all.

**Andrew Parker** 

## **Road Racing AGM Report**

The Mid Devon CC ended the year ranked number 1 in British Cycling's South West regional rankings with 540 British Cycling Ranking Points which was 350 clear of its nearest challengers. With 30 individual point scorers there was a great team contribution and development across all the categories.

Stand out performers in the senior ranks were Matt Langworthy, Ashley Towey and Jenny Corser. These riders have all moved on for 2018 and we wish them the best of luck and will follow their exploits keenly.

Looking to the future the clubs Youth section stepped up to the mark with wins and placings for Morgan Gibson Clay, Reuben Renton, Noah Dodd, Callum Start, Isabella Ashford all of which bodes well for the 2018 season. The newly formed Junior Team achieved considerable success in 2017 with Harrison Wood and Louie Priddle both performing well. We are looking to build on this success in 2018 with both riders entering their second junior year.

The Race team will continue to build on the foundations laid in its two seasons. Key to the development will be building a sustainable volunteer base to deliver the quality events the club is known for. We'll be looking to create a new scheme to reward Event organisers so watch for details coming soon.

The Clubs Rider Support Fund was fully utilised in 2017. This was spent as follows:

Youth/Junior: £4,358.40 (inc purchase of 2 new track bikes)

Sportives: £2,469.91 Conrad Moss: £1,000 Men Road: £685 Matt Langworthy: £650 Albi Masters Support

Women: £390 TT: £292.50

Mike Gratton

## **Time Trialling AGM Report**

2017 was a strong year for the club in Time Trialling; with riders achieving numerous successes, both nationally and locally.

Matt Langworthy took the clubs first national senior medal for many years in the national 10, and Harrison Wood took silver in the national junior 25, and bronze in the national BAR.

Elsewhere club riders won 2 Welsh titles, Regional BAR, District individual titles, veteran titles and team titles, and countless championship, course, and club records were again set.

The club also led the way with open event promotions, putting on the traditional Good Friday event on the Teign Valley – a local classic, that appeals to all riders, due to it's scenic backdrop and quiet roads, along with 3 open 25's and an open 10 on the popular S4 course. Open promotions are a big part of club life, and offer us the opportunity to provide well organised racing for TT racers from all over the country.

In 2018 we will again promote the same events, along with the regional heat of the GHS heat – a 10m TT competition for youth racers, with a chance to qualify for the national championships. These events of course do not organise themselves, and of recent years we have found the same small group of members who have taken on organisers duties. This year we are very grateful to 3 different members, who have taken on events. Club events were organised by Shani and Pete, and with some great organisation we saw a 50% increase in participation compared to 2016. By and large this was due to those racing getting involved with supporting the series, leading to far fewer cancellations in previous years.

If we have club members who are interested in organising in the future then support is available. Organiser guides exist, and we can offer the chance to buddy up would be organisers, with more seasoned ones, so that they can see what happens – just ask Conrad or Ken.

We have seen new time keepers step forward in 2017, something that we are not only grateful for, but something that was becoming extremely necessary. For many years we have relied on the same core group to hold the watch, but we must continue to recruit and train new blood, as the past 2 years we have seen Barry and Phil hang up their watches after so many years service to the club, and we need a contingency as no timekeeper means no events.

The club has provided time keeper training for the district over the past 3 seasons, and if there are club members with an interest in time keeping, or if you have completed training in the past and would be able to assist with our events in 2018, then please get in touch.

For those with an interest in the race of truth then there are many ways to get involved. There is a healthy calendar of open events for 2018, starting with events in Feb, and ending with hill climb season late into October. We have season long competitions such as the SWBAR for seniors comprising 10m, 25m and 50m

races, and the Junior BAR for under 18s, comprising 2 x 10s and 2 x 25s. There is also the season long Devon Cup point's competition, and for those with ambition further afield we have the National BBAR, national championships, and also the Knights composite sporting series. Support is available for many of these events, and there will be communication regarding TT racing once the season is underway.

I would like to extend my thanks to everyone who has supported Time Trialling this past year. To all of the riders, event organisers, time keepers, marshals, tea boys and girls, without you these events wouldn't happen. Particular thanks go to Ken, for always being on hand to offer support in whatever capacity necessary, and to Phil Burrows, who has retired his stopwatch after many years supporting the club.

Conrad Moss

## **Off Road Report**

Its been another good year for MDCC Off Road, with MDCC riders competing Nationally and Internationally, obtaining podiums in many categories at many events throughout the year.

What was heartening to see were the podiums all the way through the junior ranks, hopefully allowing the club to do well in the years to come.

We have some great events planned for the coming year, keep an eye on Facebook and the Hub for details closer to the time.

Thanks again to everyone for your efforts over the last year wearing the club jersey, we look forward to more fantastic results in the year to come.

Nick Roach

## **Sportive Committee AGM Report**

2017 saw another successful year for the Sportive Committee, with the help and funding of the Club and the support of its members, we were once again able to provide a varied Calendar of events from the ever popular ride backs and Tour of Britain ride to the Weekend away on Exmoor.

Along with the Ride London team places and transport to the Lands End 100, we feel that there is a good balance of events available to all members of the MDCC.

This year saw a slight change in committee members with Phil Stocker deciding to take a much earned rest from organising, and Paul Martin rolling up his sleeves to enter the fray. I would like to thank Phil for all his hard work over the last few years and put it on record that he is always welcome back.

Paul has become an essential part of the Sportive team, his enthusiasm and time put in organising various events both on the day and behind the scenes, has meant we are still able to provide interesting and well organised rides.

The first outing of 2017 was the Ride back from Looe in Cornwall, this was incredibly well supported and with fantastic weather on the day, 50 plus members started out from the picturesque town towards Torpoint Ferry, then on through Plymouth, following the Plym Valley trail to Dartmoor with a well earned Coffee stop at the Fox Tor Café. It was then back following the Dartmoor Classic route to Abbrook.

Great weather, great company, amazing scenery and no incidents made for a great start to the year. The other two major events we organised on the 2017 calendar were the Tour of Britain ride and the Youth Hostel weekend to Exford, both of which were hugely enjoyable to organise and be part of. The ride to Exford was one of the best routes I have ever ridden and everyone had a great time.

The Tour of Britain route was, as always, a challenging one but once again all those that joined us thoroughly enjoyed it.

The final event on the Sportive committee list was Lands End 100. Now becoming a very popular date in the diary due to the spectacular and challenging route with stunning views, this year saw the Sportive change slightly under the experienced guidance of Stewart Bergmans Just Events. A coach was laid on for anyone who had entered to travel down in and Stewart did a great job of improving the organisation, route and feed stations. Unfortunately he hasn't yet worked out how to control the weather which was at best Biblical!!

So.....onto 2018, which we have already started planning, including weekends away both near and far, as well as the usual suspects of supported rides for club members to enjoy.

All that remains to say is please support the hard work your Sportive Committee put in to make these great rides happen, most of which are free to members or heavily subsidised by the club, and if there are any ideas, rides or events you think we could add to the calendar please do not hesitate to let Jamie know by emailing mdccsportives@gmail.com.

Best wishes for the New Year and see you all on the road sometime in 2018.

Jamie Horton - mdccsportives@gmail.com

## **Club Time Trials AGM Report**

We had 65 competitors enter over the season, with an age range between 13 and 81, using the Dartington, Clay Pits and Teign Valley courses. We were pleased that we had a broad spectrum of abilities to enter the events and a wide variety of types of bike.

Julia Browne has been given the award for the most varied type of bike used. She entered on a FAT bike, Tandem, Hybrid and Single Speed bike.

John Scanlan won the Non-TT bike class having entered three rounds on a road bike and came 3<sup>rd</sup> O/A in the championship.

Reuben Renton won the Juvenile class having entered two rounds on a road bike and coming 13<sup>th</sup> O/A in the championship. 2<sup>nd</sup> in this class was Morgan Gibson and 3<sup>rd</sup> was Charlie Ferguson.

Louie Priddle won the Junior class having entered two rounds, with one win and came  $2^{nd}$  O/A in the championship.  $2^{nd}$  in this class was Brad Messenger and  $3^{rd}$  was Hassan Nada.

Shani Adams won the Female class having entered 6 rounds on a mixture of road bike and tandem and came 9th O/A in the championship. 2nd in this class was Ruth Burrows and 3rd was Julia Browne.

Lee Sanderson came first O/A having entered five rounds and winning them all! 2<sup>nd</sup> O/A was Louie Priddle and 3<sup>rd</sup> O/A was John Scanlan.

Thanks to Shani for organising the TimeKeepers and Marshals.

## Social Committee - Up & Running

Your new committee comprises: Angela Hanks, John Styles, Paul Martin, Rose Parkhouse & Simon Fryer.

We have held our first meeting and our initial plans for the year are (dates to be confirmed):

Friday 20th April - Quiz Night with hot buffet, Stover Golf Club, 1830h for a 1900h start

Date TBD - Bike Maintenance Course(s)

Thursday 21st June - Summer Solstice Evening Ride, start around 1800 - 1815h for a 2 hour ride (max) to

finish at suitable outdoor spot with Fish & Chip Van or Pizza Van supplying food or end at a Fish & Chip Shop/Pizza Restaurant. Non cycling partners very much welcomed.

Date TBD in August - Bike Treasure Hunt & BBQ on a Saturday morning

Friday 19th October - Quiz Night, details as above

Sunday 16th December 'Mince Pie Ride' to Stover Golf Club

If you have other ideas we would love to hear from you,

Angela, John, Paul, Rose & Simon

## MDCC Survey - December 2016, "What activities would you like to see the club offer or offer more?" One Year On Update

#### Comments not prioritised, no. of respondents if more than 1 (216 completed the survey):

Present offer fine 32

Club Rides in different areas 2

Shorter club runs say 2 hours or early starts with no cafe for those with families 4 Early start rides just started by Mike Dunbar

Saturday rides in same format as Sunday 3

Evening rides (summer) along same lines as weekends 6 2 Chain Gang rides run throughout the Summer Hard as Nails club rides

MTB club for juniors
MTB Taster sessions for beginners
More MTB rides 2
MTB Sportive
More support for race teams

Youth Hostel/weekend away 4 Exford this year, planned again for 2018

Cycling holidays 3 Brittany 2018(2 trips) launched by the club but might be the limit of what club can organise Club team entries to Sportives 4 (Happy to pay for the coach 2)

Ride backs/All day rides 11 2 held this year with Looe & ToB ride

Velodrome trips 5

Trips abroad for A, B & C riders Brittany 2018 opened up to all ride categories

Training & coaching sessions 4 (No obligation to race 1) Tuesday eve training sessions at Velopark started in December. Ride Leader & Ride Good Practice sessions started in November

Race team rides practicing various scenarios 5

Daytime activities for those not working Tuesday & Thursday 0900h rides have run from Abrook for many years

More events for events young people, get out & promote cycling

Velopark

TT coaching

Group riding training

Activities **not** just for E & Social riders Most events are open to all

Bike maintenance skills 4 (Ladies specific & Weekends for those working 1) 3 Bike Maintenance Courses run - 18 people attended, more in 2018 if support.

More social events 3 New Member Introduction, BBQ & Treasure Cycle Hunt and Quiz Night all run this year Club Pilates &/or gym sessions

Xmas disco & buffet (subsidised to encourage support)

Paul Martin - December 2017

## **MDCC 2017 Survey Summary**

**Data:** 55 replies (9.6% of members), 216 in 2016 (37%)

From the Replies: Age 16-19 1, 20 -25 0, 26 -35 4, 36 - 45 9, 46 -55 19, 56 -65 10, 66 -75 10, 75+ 2

**Use email:** 55 (100%) **Use Facebook:** 46 (84%)

Active In: Road Racing 11, Time Trialling 13, MTB 11, Track 1, Circuit Racing 6, Sportives 42, Audax 13,

Club TT 19, Marshalling 31, Timekeeper 8, Other 13

**Have a Coach:** 3 (5%)

**Ride Groups:** A 3, B 1, C 8, D 12, E 10, F 16, G 13, S 6, SS 7, MTB 5

#### **General Observations**

There are a few very strong threads that run throughout the survey responses which need highlighting before the detailed comments below.

- A. The Club is doing a very good job in all respects, it offers a very wide range of activities all run by volunteers.
- B. Can the club be reasonably expected to do more without more people volunteering? Definite consensus of No! Typical comment: "The club does very well, more activities equals more volunteers."
- C. Communication is generally regarded as being good, very good or excellent.
- D. The main area for development on Communication is the Website

#### Communication

Excellent/Very Good 4, Good/Fine/Happy 25, Improved 4 Enjoy The Hub 3

**Website suggestions:** Calendar, Key Contact info, Weekly Ride info, Events info, Dedicated members page, Prospective Members/Enquiries page, Membership list with photos, Info for those not on Facebook, SW Regional info (it can be hard to find)

Other suggestions: Q'aire for new members along the lines of this survey.

#### **Activities**

1 response per comment unless a no. follows. Comments grouped by activity.

Fine/Club does a lot/About Right 17

Don't overload ourselves unless more volunteers 4

More Ride Backs 2, Shorter Ride Backs for the Social Group

Later start on Sunday Club Rides, Finish some Club Rides at a cafe for Socialising, 2 Different Saturday groups 2, An Evening Ride (not Tuesday)

Women's Racing not for the superfit

Coaching Sessions for novices

UK based weekend trip or tour, Velodrome trip 2, Eroica event club trip

Hill Climb Handicap Race by Age & Weight

Public Screening of Major Classics with bar & food available

Different courses for Club TT, More Club TT, More Chain Gangs

Family Treasure Hunt was great 2

CX for kids, weekly sessions, mini CX races all year round

Brittany 2018 not really open to all ride groups if not fully supported

Paul Martin - January 2018

#### **MDCC Calendar 2018**

## MDCC Open Time Trials, Road Races & Club Time Trial events, Sportive Committee, Sportives, Audax & Social Committee events

Some Sportive & Audax 2018 events have already been advertised but many have not yet published. This list will be updated in future editions to inform you as to what's available .

The following list is not exhaustive and mainly uses a travel distance within 100 miles to access the event. For up to date information see the following websites:

Cycle Time Trial Events: <a href="https://www.cyclingtimetrials.org.uk/find-events">https://www.cyclingtimetrials.org.uk/find-events</a>
Sportives: Entries/information available via <a href="https://www.britishcycling.org.uk/events">www.britishcycling.org.uk/events</a>

Audax Events: www.aukweb.net/events

Also: justevents.org, www.ukcyclingevents.co.uk

## All MDCC Competition events are highlighted in Red, Sportive events in Green, Social Committee in Blue.

Sunday 25th February MDCC Primavera Road Races, Hatherleigh

Sunday 18th March MDCC Ride back from Lyme Regis - 65 miles

Audax - Mad March 100 & 200km, Exeter

Saturday 24th March National Youth Series Support Events - Torbay Velopark

Just Events - Haldon Heroic CX Sportive - 17, 35 & 52 miles

Sunday 25th March National Youth Series Event - Torquay Seafront

Audax - Dorset Coast 100 & 200km

Mendips Sportive, Wells Somerset

Friday 30th March MDCC Good Friday Open TT, 23 miles, 0800h

Saturday 7th & Sunday 8th April New Forrest Spring Sportive - 30, 50 or 80 miles.

Sunday 8th April Audax - A Cornish 100 - Falmouth, 50 & 100 km.

Saturday 14th - MDCC Totnes - Vire National 'B' Stage Race Stage 1, Torbay Velopark

Sunday 15th April with support races, Stage 2 Haytor Hill Climb, Stage 3 70 mile Road Race,

South Brent

Sunday 15th April Audax - Combwich Century - 160km, Honiton, £7

Sunday 22nd April Audax - Exmoor Spring - 57 & 100 km, Minehead

Wednesday 18th April MDCC Club Time Trial, Clay Pits 1830h

Friday 20th April MDCC Quiz Night, Stover Golf Club, 1830h

Friday 27th April -Sunday 29th April MDCC Brittany weekend A - 20 riders - Roscoff to Perros-Guirec

Saturday 28th April Audax - Valley of the Rocks - 200km - Honiton, £7.

Sunday 29th April Hammer Sportive - Salcombe Rugby Club, 65, 105 & 135km

Wednesday 2nd May MDCC Club Time Trial, Clay Pits 1900h

Thursday 3rd May Velopark Circuit Race 1, Torbay Velopark

Friday 4th May - MDCC Brittany weeker

Monday 7th May

MDCC Brittany weekend B - 20 riders - Roscoff to Perros-Guirec plus

Saturday 12th May Colin Lewis Cycles Grand Prix, Torbay Velopark

Sunday 13th May Eden Classic - Eden project Cornwall

Wednesday 16th May MDCC Club Time Trial, Dartington 1900h

Thursday 24th May MDCC Open TT, 10 miles, 1900h

Velopark Circuit Race 4, Torbay Velopark

Sunday 3rd June Smuggler Sportive, Bike Shed, Barnstaple

Sunday 10th June Bournemouth Sportive - 30, 65 or 100 miles. £23-30

Wednesday 13th June MDCC Club Time Trial, Clay Pits 1900h

Saturday 16th June Coast to Coast Sportive - Penny, Cornwall

Tuesday 19th June MDCC Open TT, 25 miles, 1900h

Thursday 21st June MDCC Summer Solstice Club Ride followed by food, 1800/15h

Sunday 24th June Nello Charity Bike Ride - Topsham - 100 & 55 miles,

http://www.forcecancercharity.co.uk/event/the-nello-2017/

Sunday 1st July Dartmoor Classic - 35, 67 & 107 miles - Newton Abbot Racecourse, 0700h

Wednesday 4th July MDCC Club Time Trial, Dartington 1900h

Saturday 7th July MDCC GHS Youth Heat, 1400h

Thursday 5th July Velopark Circuit Race 7, Torbay Velopark

Saturday 7th July National Youth Championship (S West) TT 10 miles, Teign Valley, 1400h

Sunday 8th July Velothon Wales - 110 & 140km - Cardiff

Sunday 15th July Audax - 25th Anniversary Devon Delight, 100 km & 200km, Newton Abbot

Mendips Sportive - Gloucestershire - 36, 67 or 102 miles

Wednesday 18th July MDCC Club Time Trial, Clay Pits 1900h

Sunday 15th July Two Moors 100 - 100 miles & 100 km - Bideford Rugby Club

Sunday 22nd July MDCC Open TT, 25 miles, 0800h

Sunday 29th July Ride London - 100 miles

Wednesday 1st August MDCC Club Time Trial, Dartington 1900h

Saturday 4th August Just Events - Taunton Flyer - 0700h, 34, 70 & 111 miles £23 - 28 as of

now.

Saturday 11th August Paignton Regatta, Torbay Velopark

Wednesday 22nd August MDCC Club Time Trial, Clay Pits 1830h

Saturday 25th August MDCC Bike Treasure Hunt & BBQ, 1000h

Sunday 2nd September MDCC Tour of Britain Ride

Saturday 8th September Just Events - Moor 2 Sea - Exeter Racecourse - 37, 65 & 112 miles,

0700h, £23 - 28 as of now

Sunday 9th September MDCC Open TT, 25 miles, 0800h

Devon Rotarium - 100km - Honiton Rugby Club, Northcote Lane, Honiton,

Honiton, EX14 1NL

Saturday 22nd & Sunday 23rd September MDCC YHA weekend to the Eden Project - 70 miles

Sunday 23rd September Birmingham 100 Sportive

Saturday 29th September MDCC Open Haytor & Widecombe Hill Climbs, 1000 & 1200h

Saturday 6th October Just Events - Lands End 100 - 46, 100km & 100 miles, Marazion

Sunday 14th October Hammer Martello - Okehampton Community College, 110 & 160 km.

Friday 19th October MDCC Quiz Night, Stover Golf Club, 1830h

Sunday 28th October Dartmoor Devil, 110 km, Bovey Tracey

Sunday 16th December MDCC Mince Pie Run to Stover Golf Club

Saturday 24th November Audax - Breakfast in Bampton, 100 km, Cranbrook, Exeter

Wednesday 26th December MDCC Club Time Trial, Clay Pits 1000h

Saturday 5th January 2019 MDCC AGM, Stover Golf Club

#### **Club Rides Rota**

|  |      | MDCC Club Rides - January - March 2018 |                  |
|--|------|--|------------------|
| D - 60 @ 16 mph, F - 50 @ 13/15 mph, G - 40 @ 12/14 mph, S - 30 @ 10/12 mph, SS - 35 @ 11/13 mph |      |  |                  |
| Date   | Ride | Destination                            | Leader           |
| 20th January   | SS   | Moretonhampstead                       | Sue McGrath      |
| 21st January   | D    | Central Cafe, Moretonhampstead         | Alex Fulton      |
| 21st January   | F    | Chagford                               | Peter Mason      |
| 21st January   | G    | Haytor Vale                            | Andy Culverhouse |
| 21st January   | S    | Salmon's Leap, Buckfastleigh           | Sue McGrath      |
| 27th January   | SS   | Widecombe                              | Dave Twigger     |
| 28th January   | D    |  |                  |
| 28th January   | F    | China Blue                             | Jim Black        |
| 28th January   | G    | Exeter Quays                           | Mark Whalley     |
| 28th January   | S    | Haldon Cafe                            | Michele Radant   |
| 3rd February   | SS   | Parke Cafe                             | Steve Swann      |
| 4th February   | D    |  |                  |

|               |         | MDCC Club Rides - January - March 2018                 |                            |
|---------------|---------|--|----------------------------|
| D - 60 @ 16 m | ph, F - | 50 @ 13/15 mph, G - 40 @ 12/14 mph, S - 30 @ 10/12 mpl | h, SS - 35 @ 11/13 mph     |
| 4th February  | F       | TBD  | Pete Adams                 |
| 4th February  | G       | Buckfast Abbey   | John Cooper                |
| 4th February  | s       | Haldon Cafe  | Michele Radant             |
| 10th February | SS      | Shaldon  | Caroline Twigger           |
| 11th February | D       | Slapton  | Ray Baines                 |
| 11th February | F       | Dartmouth  | Viv Crees                  |
| 11th February | G       | Moretonhampstead                                       | Eamon Crowe                |
| 11th February | s       |  |                            |
| 17th February | SS      | Buckfastleigh  | Jim Black                  |
| 18th February | D       |  |                            |
| 18th February | F       | TBD  | Dave Clark                 |
| 18th February | G       | TBD  | Mark Harvey                |
| 18th February | S       | Central Cafe, Moretonhampstead                         | Mark Phare                 |
| 24th February | SS      | Blackpool Sands  | Rose Parkhouse             |
| 25th February | D       | Otterton   | Ray Baines                 |
| 25th February | F       | Exmouth  | Simon Fryer                |
| 25th February | G       | Route 2, Topsham                                       | Caroline Twigger           |
| 25th February | S       | Walled Garden, Dunsford                                | Mark Phare                 |
| 3rd March     | SS      | Berry Head   | Mary Stocker               |
| 4th March     | D       |  |                            |
| 4th March     | F       | TBD  | Dave Long                  |
| 4th March     | G       | South Brent  | Jim Black                  |
| 4th March     | S       | Totnes   | Jennie Fitzjohn            |
| 10th March    | SS      | Haytor   | Simon Fryer                |
| 11th March    | D       |  |                            |
| 11th March    | F       | Escot  | Caroline Twigger           |
| 11th March    | G       | Wrangaton  | Ken Robertson              |
| 11th March    | S       | Central Cafe, Moretonhampstead                         | Michele Radant             |
| 17th March    | SS      | Surprise   | Andy Styles                |
| 18th March    | D       | Lyme Regis Ride Back/TBA                               |                            |
| 18th March    | F       | Lyme Regis Ride Back/TBA                               | Mark Harvey                |
| 18th March    | G       | Lyme Regis Ride Back/Blackpool Sands                   | Rose Parkhouse             |
| 18th March    | S       | Lyme Regis Ride Back/Buckfast Steam Railway            | Mark Phare                 |
| 24th March    | SS      | National Youth Series Event/Berry Head                 | Torbay Velopark/Nick Roach |

|  |    | MDCC Club Rides - January - March 2018 |                  |
|--|----|--|------------------|
| D - 60 @ 16 mph, F - 50 @ 13/15 mph, G - 40 @ 12/14 mph, S - 30 @ 10/12 mph, SS - 35 @ 11/13 mph |    |  |                  |
| 25th March   | D  | National Youth Series Event            | Torquay Seafront |
| 25th March   | F  | National Youth Series Event            | Torquay Seafront |
| 25th March   | G  | National Youth Series Event            | Torquay Seafront |
| 25th March   | S  | Riverford Farm                         | Mike Radant      |
| 31st March   | SS | Orange Elephant                        | Louise Swann     |