

MID-DEVON CYCLING CLUB

PRESENTS

Totnes Vire

2 DAY STAGE RACE

SATURDAY 28TH AND SUNDAY 29TH MARCH 2015

Run under the Technical Regulations of the British Cycling Federation



COMPETITOR'S and OFFICIAL'S RACE MANUAL

INTRODUCTION

The 2015 promotion is the 43rd edition of this stage race promoted by the club. The race origins go back to 1973 when the Mid-Devon Road Club first promoted a two-day event to mark the twinning of Totnes and Vire in Normandy.



It has had many formats over the years and this year sees yet another revision.

The Mid-Devon CC is proud to promote this years' races to the standards required for a National "A" race. It brings the race back up to that achieved in the 1980s when this race was the biggest in England – it was in the time when there was no Tour of Britain.

On Saturday morning we will be using Totnes as the HQ and then going out to the well tried and tested Avonwick 10 mile circuit. Its rolling 55 miles could result in any of the following permutations – a lone breakaway (as in 2014); small groups separated by a few seconds or a mass bunch sprint for the line.

In the afternoon the racing moves to the Torbay Velopark for 75 minutes plus 5 hectic laps of racing. The odds on result will be a bunch sprint.

On Sunday the racing moves to Bovey Tracey for what ought to be an exciting finale as the race will cover 3 laps from the HQ into the Teign Valley, up the 3 mile slog of Doccombe with a hill top prime at the summit. It is then back to Bovey Tracey via the Wray Valley and primes in Le Molay Littry Way on laps 2 & 3. The dénouement could well come in the last 4 miles as the race climbs up to the top of Haytor and the same finish line as for the 2013 Tour of Britain.

The Mid-Devon Cycling Club/Colin Lewis Cycles wish all competitors and race officials a safe and trouble free weekend. May the 2015 promotion see more success attach itself as the longest standing senior stage race in Devon & Cornwall and may the presentation of the race further enhance cycling in the eyes of the general public.

Whether you are a competitor, team manager or an official you have a responsible part to play. You should familiarise yourself with the contents of the manual and ALL its details.

We wish everyone concerned with the race a successful weekend in Devon.

ORGANISER Ken Robertson 9, Barnfield Road, Paignton, Devon, TQ3 2JT
EMAIL robertson@swdc.freeseve.co.uk

To whom any correspondence regarding the event should be sent no later than 48 hours of the promotion.

EVENT OFFICIALS (Mid-Devon CC unless otherwise stated)

CHIEF COMMISSAIRE Andrew Walker (Private Member)
ASSISTANT COMMISSAIRE Nick Lumb (Exeter Wheelers CC) and Marcus Ford (Taw Velo)
MOTOR CYCLE COMMISSAIRE Graham Morgan (Private Member)
FINISHING COMMISSAIRE & GENERAL CLASSIFICATION COORDINATOR Andrew Parker
CHIEF MARSHAL & SAFETY OFFICER Paul Parsons
FIRST AID Dr Vivek Kulkarni and South West Ambulance Services
CHIEF TIMEKEEPER Phil Burrows
ASSISTANT TIMEKEEPER Caroline Twigger
FINISHING VIDEO Peter Hearne
TIMEKEEPERS & JUDGES PANEL above officials
I/C NEG MOTORCYCLES Brian Johnston (Private member)
NEG Up to 15 motorcycles

COMPETITORS Please help us by obeying the instructions of race officials and by using your own common sense to ensure the smooth passage of the race.

TIMETABLE & STAGE HEADQUARTER'S LOCATION

Saturday 28th March 2015 (AM)

King Edward VI Community College, Ashburton Road, Totnes, TQ9 5JX



STAGE 1

08:30 Open HQ at Totnes – Follow the signs for parking and the Sports Hall.

09:00 Sign in on commences for Stage 1

09:45 Officials, Managers and Marshal's briefings in the adjoining hall

10:10 Rider's briefing in the Sports Hall

(The doors will be closed at this time. Riders missing the start of the briefing will not be allowed to race until that rider has paid a minimum fine of £20.00)

10:30 Stage 1 commences over 55 miles

12:50 Stage 1 ends

13:40 HQ Closes

Saturday 28th March 2015 (PM)

Torbay Velopark, Torbay Leisure Centre, Paignton, TQ4 5JR

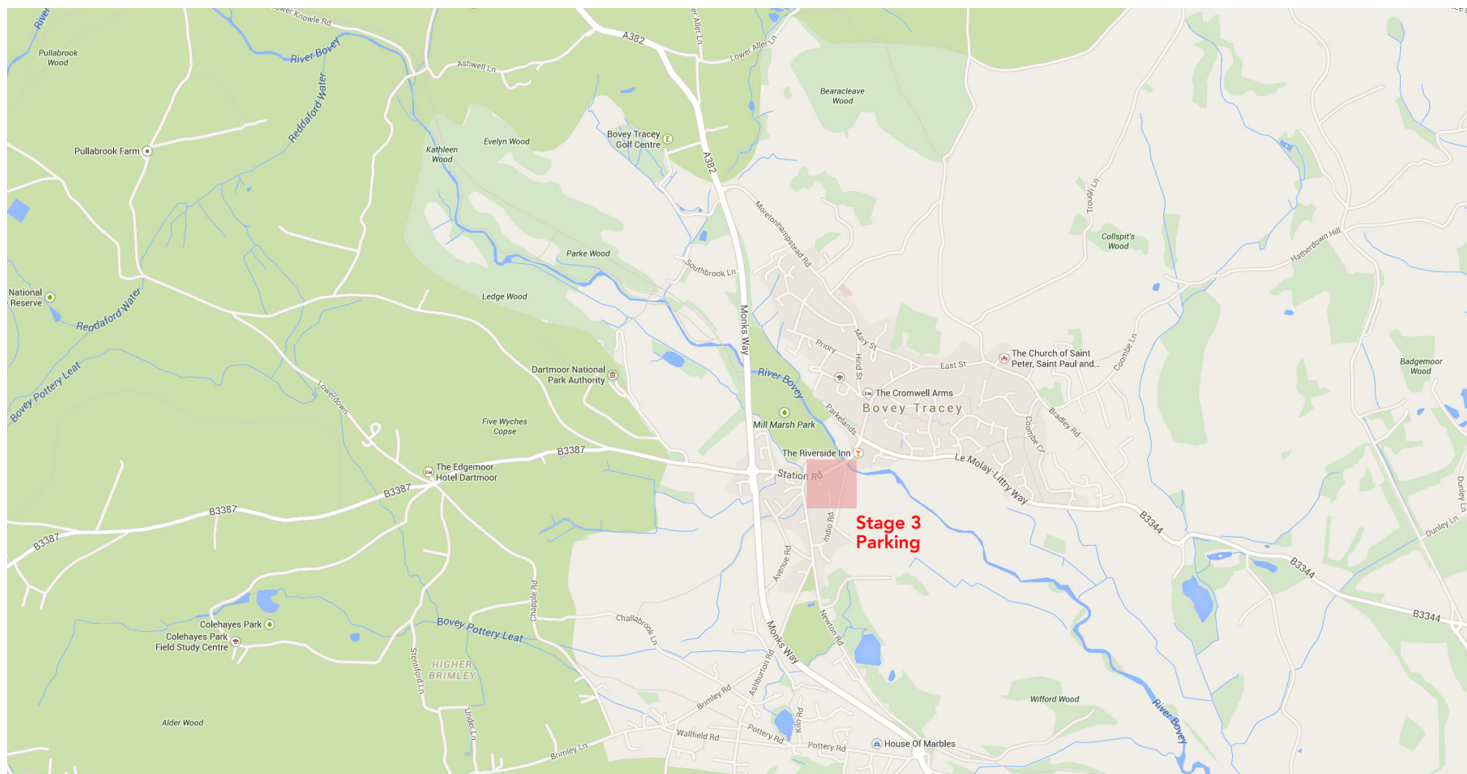


STAGE 2

- 14:00 Sign in commences for Stage 2 (Public Pay & Display car park @ £2.00)
- 15:00 Officials, Managers and Marshal's briefings
- 15:20 Presentations for Stage 1 (First, Second and Third on stage plus leader's jersey) followed by rider's briefing
- 15:30 Stage 2 commences over 75 mins plus 5 laps = approx. 34 miles
- 16:55 Stage 2 ends
- 17:10 Presentations for Stage 2 (First, Second and Third on stage plus leader's jersey)

Sunday 29th March 2015

Bovey Tracey Scout HQ, St Johns Lane, Bovey Tracey, TQ13 9FF



STAGE 3

09:00 Open HQ at Bovey Tracey. Follow the signs for parking or use the free Pay & Display car parks

09:30 Sign in on commences for Stage 3

09:45 Officials, Managers and Marshal's briefings in the side room.

10:10 Rider's briefing in the Main Hall

(The doors will be closed at this time. Riders missing the start of the briefing will not be allowed to race until that rider has paid a minimum fine of £20.00)

10:30 Stage 3 commences over 71.5 miles

13:30 Stage 3 ends – total race distance 161 miles

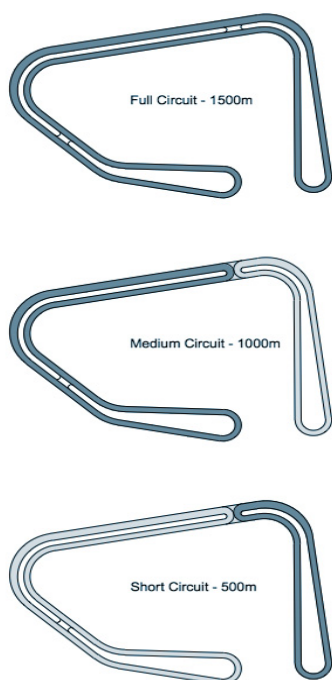
13:45 Presentations for Stage 3 (First, Second and Third on stage plus Leader's jersey)

14:45 Presentations for other stage prizes and overall standings

15:30 HQ closes

SUPPORT RACE TIMETABLE

Support races on Saturday 28th March at the Velopark promoted by Cycle Sport South Hams



These races will end by 14:20 to allow the riders in the National A race time to familiarise themselves with the circuit.

- 09:00 Complete the set-up of the apron area
- 10:00 Sign on Commences for all support races and remains open till the final race is underway.
- 10:30 Under 8's race over 15 mins
- 10:55 Under 10's and Under 12 race over 20 mins
- 11:25 Under 14's and 16s race over 40 mins
- 12:15 Women's race over 50 mins
- 13:15 Categories 3 and 4 race over 60 mins plus 5 laps
- 14.20 Categories 3 and 4 race ends



AWARDS

Total prize fund of £3,200

Stages One, Two and Three plus overall Total £720 each

**First - £150.00; Second - £130.00; Third - £110.00; Fourth - £90.00; Fifth - £70.00;
Sixth - £60.00; Seventh - £50.00; Eighth - £40.00; Ninth - £30.00, Tenth - £20.00
First overall team - £80.00; second overall team £40.00**

Primes - First - £10.00; Second - £5.00; Third - £3.00; Fourth - £2.00

Primes carry time bonus of 5, 3 and 2 seconds respectively.

There will be presentations to the Stage 1 winner, second, third plus the race leader's jersey prior to the start of Stage 2 on the start/finish line. The same awards will be made on the finish line at the end of Stages 2 and 3.

All the other awards will be presented as soon as possible after Stage 3. Please wait for the presentation to acclaim the efforts of your fellow competitors. Anyone not present or given an apology to the event secretary may be deemed "not interested" and forfeit the award.

If you are unable to compete in the race please notify the organiser as soon as possible. This will allow the reserves time to prepare for the weekend.

COLIN LEWIS CYCLES

17 Dartmouth Road
Paignton, TQ4 5AD
Tel 01803 553095

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COURSE DETAILS

STAGE ONE, Saturday 28th March

Start in the grounds of King Edward VI Community College. Proceed onto the A385, Ashburton Road and go left towards Dartington. As Shinnars Bridge roundabout take the second exit, still on A385. At Venton Corner join the 10 mile circuit.

Continue to the roundabout at Marley Head where take third exit at the first roundabout (M2). Cross the A38 and take the first exit at the second roundabout (M2) on to the B3372.

The race is deneutralised at the finish line outside the Palstone Sports Centre,

Go straight across at the roundabout (M2). Continue to site of the former Woodpecker Inn and bear left (M2) to Avonwick. Pass through Avonwick and over the river bridge (M2) and past the Blue Post Garage to Fork Cross where left (M2) on to unclassified road. **N.B. The next 2 miles until reaching the A385 is a poorly surfaced road.** Bear left at Venton Oak. Pass under the railway bridge (M2) to Venton Corner to complete 1 lap. Bear left onto the A385. The fifth time at Venton Corner continue as before but finish just beyond the Palstone Sports Centre level with the sign for South Brent and approximately 100 yards prior to the roundabout.



1 lap = 16kms (10 miles)

Total distance is 88 kms (55 miles inc. 5 miles neutralised).

Prime each lap at the finish line – laps 1, 2, 3 & 4

GREEN ZONE from Fork Cross to Venton Oak

STAGE TWO, Saturday 28th March

The whole of the race is on the 'closed to traffic' Torbay Velopark. It will be over 75 minutes plus 5 laps.

Riders will be gridded on the start line as per General Classification at the end of Stage 1. The race leader will be at the front and will lead the bunch for the whole of the first lap as a "neutralised" pace. All riders must remain behind the race leader until he reaches the start/finish line at the end of lap 1 when the flag will be dropped and racing commences.

As per Technical Regulation 21.9 there will be time bonuses of 30, 20 and 10 seconds respectively for first, second and third at the finish.

Riders who are lapped maybe withdrawn by the Commissaire and the rider will incur the following time penalties:

- After 60 minutes – 2 minute penalty
- After 45 minutes – 4 minute penalty
- After 30 minutes – 6 minute penalty
- After 15 minutes – 8 minute penalty
- Before 15 minutes – 10 minutes penalty

STAGE THREE, Sunday 29th March

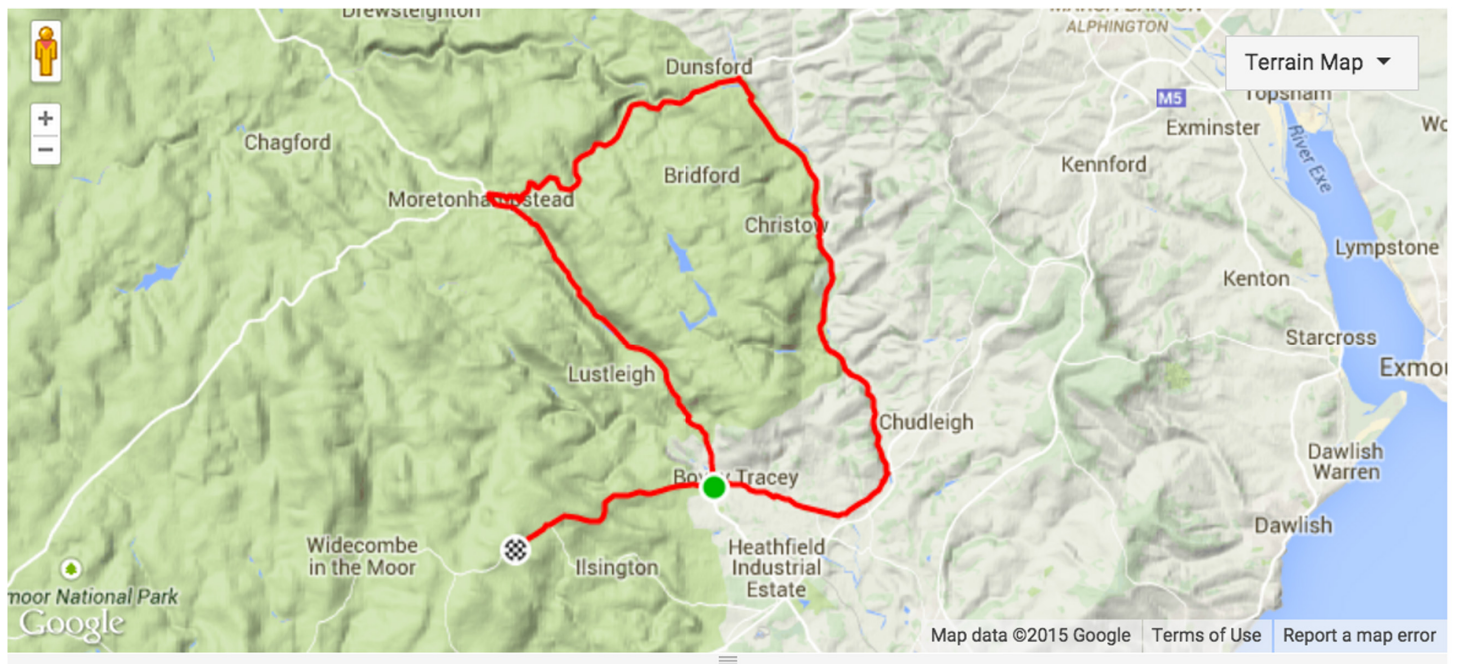
Leave HQ and proceed neutralised via Station Road and Fore Street to turn right into Le Molay Littry Way (B3344). The nominal start is close to Dunley Cross (approximately 1 mile from HQ).

Continue on B3344 passing junction with Bradley Road to Chudleigh Knighton (M2) to junction with B3193 (M2) where s/o to Chudleigh Bridge. Go left on to B3193 (M2). Remain on this road until its junction with the B23212. Go left (M2) on B3212. Continue to Moretonhampstead. At junction with A382 go left (M2). Remain on A382 to the Fire Station roundabout. Go left (M2) into Station Road, B3344, then s/o into Fore Street. Turn right into Le Molay Littry Way (M2) to complete a full circuit of 23.0 miles.

Repeat twice more.

The third time of reaching Fire Station roundabout go right (M3) on B3387. In 400 yards go left, still B3387 to pass the Edgemoor Hotel. Finish at the top car park below Haytor Rocks.

<http://ridewithgps.com/routes/6491816>



Total distance is 71.5 miles.

Primes at the end of laps 1 & 2 close to the Le Molay Littry Way / Newbury Drive junction and at Cossick Cross on Laps 1, 2 & 3.

N.B. If weather conditions on the high moor are poor with limited visibility then the organisers reserve the right to amend the finish line to the prime line in Le Molay Littry Way.

GREEN ZONE from Bridford Mills to bridge before junction with B3212 & on A382 from Kelly Cross to Slade Cross.

GENERAL REGULATIONS

The Totnes-Vire Stage Race will take place under the Technical Regulations of the British Cycling Federation and those here added which shall be binding on all officials and competitors.

Rules of the Road must be observed at all times with special attention to give way signs and keeping to the left-hand side of the road. The police might man some junctions and assist the passage of the race. If they are not present then the rules of the road must be obeyed. Under no circumstances must any rider try to pass a stationary motor vehicle on the outside while the vehicle is waiting to turn right.

The organisers will not hold themselves responsible for cycling, motorcycling, motoring or other civil offences.

If the **standard of riding** by individuals or groups is not of a sufficiently high standard then Race Officials will not hesitate to impose suitable penalties (time or money) on the offenders – and they have done. This includes penalties for indiscrete urination. See Technical Regulation 12 for the penalty levels.

PARKING OVERALL

No vehicles are to be parked on any part of the highway as used by the race - you will be obstructing your own race ! No vehicle is to be left unattended in any gateway. Please park your vehicles with care and do not block resident's driveways and other entrances.

PARKING STAGE 1 Start

At King Edward VI Community College there is ample parking, just follow the signs. Please do not park in the area set aside for the race convoy unless you are in that convoy.

PARKING STAGE 1 Finish

At South Brent do not park in the Palstone Sport Centre area – that is for race convoy vehicles only. Please park well beyond the finish line.

PARKING STAGE 2

Use the Pay & Display – concessions available of £1.00.

PARKING STAGE 3 Start

Parking adjacent to the Scout Hut is reserved for the vehicles in the race convoy. There is ample parking in the adjoining football pitch area and or the Pay & Display sites that are FREE on Sunday.

PARKING STAGE 3 Finish

Use the public car parks – the middle car park is reserved for the race convoy.

REGISTRATION & SIGNING ON

Must be completed at the Race Control desk at the stated time before the start of **each stage**

ROAD RACE NUMBERS

Numbers will be issued when you sign on for Stage 1 in exchange for the rider's current valid racing license – 2 for the rear pockets and 1 for the left arm. **These race numbers are not to be returned until the final stage is over or if you retire from the race.** They must then be handed back as a complete set. The rider's license will then be returned subject to the instructions of the Chief Commissaire.

FOLLOWING VEHICLES

The **ONLY** vehicles allowed to follow the race will be those given accreditation on the form submitted to BC HQ in the week prior to the race. There will be no race day additions.

TEAM SUPPORT VEHICLES

BC will provide a list of those managers / drivers who have accreditation to drive in the race convoy. Only those named by BC HQ will be permitted to drive in the convoy.

Prior to Stage 1 the convoy placement for this stage will be determined by the drawing of lots

The placement for the Stage 3 convoy will be determined by the highest placed rider of each team.

RACE SERVICE

There will be a neutral race service vehicle that will cover riders who do not have an authorized vehicle in the race convoy. If your race number is even please bring a spare front wheel. If it is odd a spare rear wheel – mark wheels with your name and for rear wheels if Campagnolo / Shimano & 10 or 11 sprocket. Wheels will be loaned for universal use.

SECURITY AT THE HQs

The HQs will be open and will be used by other organisations while the racing is in progress. In the interests of security do not leave any valuables unattended in the HQ.

OFFICIALS BRIEFING

Will be held in the event HQs as per the timetable on page 2. All race officials are asked to attend. Any team managers are advised to attend.

RACE FOLLOWERS

Please be advised of the following:

On **Stage 1** there is only one cut through road. It is Webland Lane and it goes between Marley Head and the Avonwick Road.

On **Stage 3** there are no usable roads that cut across the Teign Valley Circuit

Persistently following the race could lead to your rider or whole team being penalised.

TIME LIMITS

As per Technical Regulation 21.13 the limit will be 20% of the winner's time unless a rider can show good reason why it should be extended.

ROAD SURFACES

The road surfaces are in a similar state to much of the roads in the UK. There are worn surfaces and pot holes so keep a good look out for them and give the other riders as much warning as possible. Devon County Council has been asked to repair the worst defects and have done a number of repairs. Regardless – keep a good look out for damaged surfaces.

LITTER LAWS

Make it imperative that no litter is thrown or left on the ground. It is the responsibility of all race personnel (competitors, managers, and followers) to comply. There will be **GREEN ZONES** set up and identified on both road stages. On stage 1 it will be just after Fork Cross and before the railway bridge. On Stage 2 there will be two **GREEN ZONES**. One is in the Teign Valley and approximately 1 mile before the junction with the junction of the B3193 and B3212. The other one is on the A382 and approximately 3 miles from Moretonhampstead. **Please use them.**

FEEDING FROM THE ROADSIDE

Always park off the road. Helpers are advised that on Stage1 just over the summit of Avonwick Hill is the best place. There is also room after the prime line and before the South Brent Roundabout. On Stage 3 the most appropriate places are on the climbs to Cossick Cross, above Doccombe and up to Slade Cross, just after the turn off for Lustleigh and after the **GREEN ZONE**. All feeding is to be from the left hand side of the road. Any rider fed from the right will be immediately disqualified.

RACE WITHDRAWAL

Any rider withdrawing from the event may only exchange their set of race numbers for their license when the race control is open. Licenses left behind will be forwarded only upon receipt of a SAE.

If you leave any kit behind post and package must be paid for its return

STAGE PLACINGS

Will be awarded in the order the riders cross the finish line irrespective of any time bonus achieved by any other competitor during the stage. Time bonuses earned at the primes will only count towards the calculation of the general classification awards. There are no time bonuses at the finish line for any placings.

TIME GAPS

The time for a rider crossing the line is as follows: - The first rider across the finish line is timed. All riders in that group get the same time. When the next group crosses the line the time of the first rider in this group is taken. This gives the time gap. It is not the time between the last rider in one group and the first rider in the next group.

ANY INFRINGEMENT of the LAW of the LAND relating to a rider's conduct in the race or the use of the road by any of the following:

Breaking the HIGHWAY CODE or the TECHNICAL REGULATIONS of the BCF
Disobeying any RACE INSTRUCTION by ANY RACE OFFICIAL

WILL MAKE THAT INDIVIDUAL and the TEAM LIABLE TO PENALTY or DISQUALIFICATION

ENTRANTS

No.	First Name	Last Name	Club / Team Name
1	Andrew	Hitchens	Mid Devon CC
2	Andrew	Feather	Bikeshed - Exeter Uni
3	Oscar	Hutchings	Bikeshed - Exeter Uni
4	Peter	Medhurst	Bikeshed - Exeter Uni
5	Lawrence	Carpenter	Catford CC Equipe/Banks
6	Ben	Chapman	Catford CC Equipe/Banks
7	Christopher	Fennell	Catford CC Equipe/Banks
8	Harry	Godding	Catford CC Equipe/Banks
9	Sebastian	Baylis	Champion System VCUK Racing Team
10	Malcolm	Dixon	Dream Cycling Race Team
11	Craig	Wallduck	Dream Cycling Race Team
12	Tom	Ilett	Dream Cycling Race Team
13	George	Fowler	Easton Ritte
14	Bevan	Humphreys	Easton Ritte
15	Anthony	Moye	Easton Ritte
16	Alexander	Murison	Easton Ritte
17	Ioannis	Spanopoulos	Easton Ritte
18	Sam	Birkinshaw	Exeter Wheelers
19	Jack	Ibbotson	Exeter Wheelers
20	John	Nye	Exeter Wheelers
21	Richard	Hepworth	Giordana-Mitsubishi Electric RT
22	Thomas	Bustard	Giordana-Mitsubishi Electric RT
23	Nathan	Edmondson	Giordana-Mitsubishi Electric RT
24	Dante	Carpenter	JLT Condor
25	Felix	English	JLT Condor
26	Luke	Grivell-Mellor	JLT Condor
27	Richard	Lang	JLT Condor
28	Edward	Laverack	JLT Condor
29	Joseph	Moses	JLT Condor
30	Harry	Tanfield	JLT Condor
31	Dale	Appleby	NFTO
32	Edmund	Bradbury	NFTO
33	Eddie	Dunbar	NFTO
34	Justin	Hoy	NFTO
35	James	Lewis	NFTO
36	Yanto	Barker	One Pro Cycling
37	Thomas	Baylis	One Pro Cycling
38	Marcin	Bialoblocki	One Pro Cycling
39	George	Harper	One Pro Cycling
40	Jonathan	Mould	One Pro Cycling
41	Chris	Opie	One Pro Cycling
42	Will	Fox	Pedal Heaven RT
43	Gruffudd	Lewis	Pedal Heaven RT
44	Robert	Moore	Pedal Heaven RT
45	Max	Stedman	Pedal Heaven RT
46	Mitchell	Webber	Pedal Heaven RT
47	Stephen	Williams	Pedal Heaven RT
48	Sol	Warwick	Penzance Wheelers

No.	First Name	Last Name	Club / Team Name
49	Calvin	Beneke	Raleigh GAC
50	Karol	Domagalski	Raleigh GAC
51	Steve	Lampier	Raleigh GAC
52	Matti	Manninen	Raleigh GAC
53	Evan	Oliphant	Raleigh GAC
54	Ian	Wilkinson	Raleigh GAC
55	Lee	Davis	Ride 24/7
56	Colin	Parry	Ride 24/7
57	William	Bjergfelt	SportGrub KUOTA Cycling Team
58	Dan	Fleeman	SportGrub KUOTA Cycling Team
59	Dexter	Gardias	SportGrub KUOTA Cycling Team
60	Oliver	Maxwell	SportGrub KUOTA Cycling Team
61	Ben	Stockdale	SportGrub KUOTA Cycling Team
62	Graham	Collins	Tanks Direct Cycling
63	Mark	Lees	Tanks Direct Cycling
64	Kelvin	Price	Tanks Direct Cycling
65	Joseph	Clark	Team Envelopemaster/Bikeboxalan
66	Russell	Falder	Team Envelopemaster/Bikeboxalan
67	Alastair	Hepworth	Team Envelopemaster/Bikeboxalan
68	Ashley	Proctor	Team Envelopemaster/Bikeboxalan
69	Henry	Hunter	Team Moda-Anon
70	Joshua	Lawless	Team Moda-Anon
71	Andrew	Turner	Team Moda-Anon
72	Zack	Williamson	Team Moda-Anon
73	Joshua	Burns	Velosure Starley Primal
74	Cordier	Marius	Velosure Starley Primal
75	James	Davey	Velosure Starley Primal
76	Adri�	Moreno Sala	Velosure Starley Primal
77	Joseph	Petrowski	Velosure Starley Primal
78	Sam	Boast	Wheelbase Altura MGD
79	Ben	Davis	Wheelbase Altura MGD
80	Callum	Grieve	Wheelbase Altura MGD

Reserves

81	Kris	Jasper	Private member
82	Joshua	Jones	Bikeshed - Exeter Uni
83	Stephen	Bradbury	Velosure Starley Primal
84	Richard	Mardle	NFTO
85	Thomas	Bowering	Ride 24/7
86	Chris	Shakya	Exeter Wheelers

MDCC ROAD RACE PROMOTIONS

The Colin Lewis Cycles Grand Prix is a series of races on the closed circuit race at the Torbay Velopark on Saturday 23rd May

Category	Start Time	Approx. Distance	Category	Start Time	Approx. Distance
U8	13:00	4 Miles	U12/U10	13:30	8 Miles
U16/U14	14:10	13 Miles	Women Only	15:10	13 Miles
4th Cat	16:10	13 Miles	3rd, 4th	17:10	13 Miles
E/1/2 & 3	18:10	24 Miles			

Please Contact Event Organiser Simon Aske at Colin Lewis Cycles on (01803) 553095 or message simon@colin-lewis.co.uk if you wish to know more.

The Bovey Carnival Race around the streets of the town and featuring for the last 5 laps the feared ascent of Hind Street. This much loved race returns after a lapse of several years. It is on the evening of July xxxxxxxx

Please contact the Event Organiser Alison Hooper for more details

The Paignton Regatta Circuit Races return after a 1 year break. They will be on the Torbay Velopark on the afternoon and early evening of Saturday 9th August

Category	Start Time	Approx. Distance	Category	Start Time	Approx. Distance
U8	13:00	4 Miles	U12/U10	13:30	8 Miles
U16/U14	14:10	13 Miles	Women Only	15:10	13 Miles
4th Cat	16:10	13 Miles	3rd, 4th	17:10	13 Miles
E/1/2 & 3	18:10	24 Miles			

Please contact MDCC for more details

MDCC TIME TRIAL PROMOTIONS 2015

Date	Time	Distance	Course	Organiser
Friday 3rd April	09:00	Sporting 23	Teign Valley Course	Andrew Perkins
Thursday 28th May	19:00	10 Miles	A38 – Buckfastleigh	Conrad Moss
Saturday 4th July	14:00	10 Miles	Teign Valley Course	Ken Robertson (inc SW GHS Champs)
Sunday 2nd Aug.	07:00	15 Miles	A38 – Buckfastleigh	Mark Sanders
Sunday 13th Sept.	08:00	25 Miles	A38 – Buckfastleigh	TBA
Sunday 4th Oct.	10:00	Hill Climb	Haytor	Peter Loader
Sunday 4th Oct.	14:00	Hill Climb	Widdecombe	Peter Loader

Club TTs will be on Monday evenings from April to early September at 19:00 hours. HQ Abbots Park Sports & Social Club using 2 laps of the new B3193