

# 2016 Events Calendar

Please see below the information about the events we will be attending as a club throughout 2016. The club will provide free coach travel to take you to and from events with the exception of the Prudential Ride London.

We have planned rides from April to October and are in the process of confirming the details, for now please see the list of dates below and remember to keep them free, it's going to be a fun year.

## Sunday 20<sup>th</sup> March 2016

This is a club run not to be missed! We drop you off at the North Devon Leisure Centre in Barnstaple and you ride back club style. (Usual Groups A to Social) To book your place email [mdccsportives@gmail.com](mailto:mdccsportives@gmail.com) with the group you wish to ride in. This ride is fully funded by the club.

Starting from the Leisure Centre in Barnstaple groups A B and C will ride back via A377 turning off to Atherington, going through High Bickington, Dolton Beacon, Winkleigh and stopping at Kirsty's Kitchen in North Tawton for soup, drinks and muffin and then returning to Abbotsbrook.

Starting from the Leisure Centre in Barnstaple groups D E and Social will ride back via the A377 to Eggesford Station turning off to Wembworthy, Winkleigh and stopping at Kirsty's in North Tawton for soup drinks and muffin and then returning to Abbotsbrook.



As with all of the club's organised rides we will need ride route masters, if you are happy to lead please contact [mdccsportives@gmail.com](mailto:mdccsportives@gmail.com)

**Saturday 9<sup>th</sup> April 2016**

## MDCC Velodrome Trip 2 Organised by Juliet Elliott

Tickets are available now for our Velodrome trip in April. It's gonna to be a brilliant day out - sign up now so you don't miss out!

Our 2nd Annual MDCC Newport Velodrome trip is happening on April 9th. The cost will be £20, which includes transport, coaching, bike hire and a £5 deposit towards a carvery dinner afterwards.

Please note, you'll need to be a paid up member of the club to come along.

We'll be splitting groups according to track experience, so this trip is suitable for everyone, from first timers to experienced racers. The track is booked from 2pm - 6pm.

We leave from Abbrook at 10.30 sharp, so please be there beforehand to board the coach. Bring yourself a packed lunch. There's a water fountain at the track, so bring a waterbottle too.

The hire bikes have either Look Keo pedals or toe clips, so bring your cycling shoes if they have Look Keo cleats. If not, you'll need to ride using toe clips. If you'd like to bring your own track bike, that's fine, but please let me know in advance and bring a blanket to protect it.

Please register below for your ticket and then make payment of £20 to the following account. Your place is NOT secure until you pay. Please don't register for your ticket unless you can make payment right away.

<https://www.eventbrite.co.uk/e/mdcc-velodrome-trip-2-tickets-21402483404>

Please write MDCC as a reference on your payment.

### **BANK DETAILS:**

Mr David Noakes / sort code 30-84-67 / account # 46769160



Saturday 16<sup>th</sup> July 2016

## The Nello 2016

This year The Dartmoor Classic and the Nello rides are both on the same day Sunday 26<sup>th</sup> June. In previous years the Nello event has been the week after the Classic.

Many members will have committed to assisting with the running of the classic which means they will not be able to take part in the Nello.

The Nello is not a sportive; it is a charity bike ride, raising vital funds for a local cancer charity. For members who would like to ride the 'Nello' course, there is an opportunity on the 16<sup>th</sup> of July, and if you would like, you can donate your entry fee to the charity. The route will be the 100 mile route starting and finishing in Topsham with a café stop around the South Molton area. Good training for Ride London!





Saturday 30<sup>th</sup> July and 31<sup>st</sup> July 2016

## Prudential Ride London

It's that time again....!

If you get the non congratulations glossy magazine on your doorstep next week don't despair too much, Jamie Horton will be organising the MDCC team places again this year so let me know if you miss out on the ballot.

Normal rules apply, must be a paid up BC member and a MDCC member.

Good luck with the ballot.

**PRUDENTIAL  
RIDE LONDON**  
OFFICIAL MAGAZINE OF THE PRUDENTIAL RIDE LONDON-SURREY 100

**CONGRATULATIONS**  
You have been successful in gaining a ballot place in the 2016 Prudential Ride London-Surrey 100

**RIDE YOUR BEST  
SPORTIVE EVER**  
Peak performance guaranteed  
with our 16-week training plans

**PLUS!**  
Top Fundraising Tips  
Tasty Nutrition Advice  
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How to Volunteer...and more!

**LONDON-SURREY 100**  
MAYOR OF LONDON  
Surrey  
rey

**PRUDENTIAL  
RIDE LONDON**  
OFFICIAL MAGAZINE OF THE PRUDENTIAL RIDE LONDON-SURREY 100

**COMMISERATIONS**  
You have been unsuccessful in gaining a ballot place in the 2016 Prudential Ride London-Surrey 100

**ANOTHER  
CHANCE**  
There are plenty  
of charity places  
still available. See  
inside for details...

**PLUS!**  
Can't fall Training Plans  
Top Fundraising Tips  
Tasty Nutrition Advice  
Real-life Success Stories  
How to Volunteer...and more!

**LONDON-SURREY 100**  
MAYOR OF LONDON  
Surrey  
rey

**MAGAZINES ARE DUE TO LAND ON DOORMATS  
FROM 9 FEBRUARY 2016**

**PRUDENTIAL  
RIDE LONDON**

Sunday 18th September 2016

Tour Of Britain Club Ride

Route to be confirmed suggest committee help to decide at next meeting.

(Details to follow)

Sunday 2<sup>nd</sup> October 2016 Lands' End 100

The Lands' End 100 the club will be providing transport to and from the ride. We have 25 free places for this event and the cost of entry will depend on the number of members entering the ride.

The Land's End 100 routes return to St Ives for 2015. However, the routes will still include some of the most picturesque parts of Cornwall.

The stunning location, quiet roads and breathtaking views make this one of the most scenic rides in the country as the wrap-around coast means that riders will never be far from the sea. They say location is everything, and the Land's End 100 has it all, cycling around the South West peninsula is an unforgettable experience.

A choice of three distances are available; 100 miles, 100km and 75km. All routes will start and finish at St Ives and will all head to Land's End with the long route also making its way around The Lizard peninsula.



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